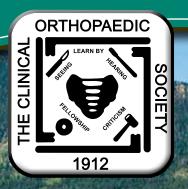
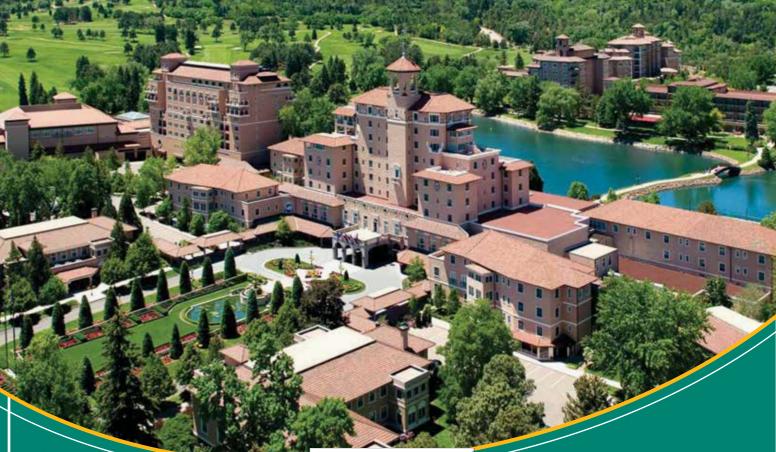
CLINICAL ORTHOPAEDIC SOCIETY

Annual Meeting September 11 - 13, 2014 • THE BROADMOOR • Colorado Springs, CO







Featuring

LIVE PATIENT **PRESENTATIONS**



Program and registration information can be found at www.cosociety.org



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A Message From The President



fter a very successful 2013 meeting in Buffalo with the New York State Society of Orthopaedic Surgeons, the Clinical Orthopaedic Society will again team up with the other COS (Colorado Orthopaedic Society) for a joint meeting at The Broadmoor in Colorado Springs September 11th – 13th. Dr. Ted Stringer, president of the Colorado Orthopaedic Society, Dr. Lowry Barnes and Dr. George Brindley will serve as co-chairmen of the scientific program. Symposia of pertinent topics will be combined with our traditional live patient presentations for the three day 19.5 hour CME accredited meeting.

Presidential Guest Speakers include Dr. James Urbaniak (who is also the COS 2014 recipient of the Dr. and Mrs. J. Elmer Nix Ethics Award), Dr. David Hungerford, and Dr. James Ficke. An outstanding faculty incorporates a taste of Colorado orthopaedics into the program, with presentations by U.S. Olympic Team physicians (the U.S. Olympic Training Center is in Colorado Springs), military orthopaedists (the U.S. Air Force Academy is in Colorado Springs), and team physicians for the Denver Broncos, the Denver Nuggets, the Colorado Rockies and the Colorado Avalanche. The American Fracture Association will be joining the meeting with their hallmark X-Ray Forum.

We invite you to join us for education, discussion, camaraderie and recreation. The Broadmoor offers a wonderful setting in the mountains with exemplary accommodations as well as an abundance of outdoor activities for your enjoyment. Spend an afternoon wandering through the Cheyenne Mountain Zoo that overlooks The Broadmoor, ride the world's highest Cog Railway to the summit of Pike's Peak, take a Jeep tour through the Garden of the Gods, tackle one of the three Broadmoor golf courses designed by Robert Trent Jones, Sr. and Arnold Palmer, or choose another of the many activities available for the whole family.

COS social activities include the President's Welcome Reception on Thursday evening and the Friday evening lakeside terrace Taste of Colorado Dinner featuring local food, wine and brews. Numerous dining and nightlife options are also available at The Broadmoor, or you can venture into Colorado Springs or nearby Manitou Springs for some local flavor.

Mark your calendars now and benefit from the early registration rates as well as our reduced group room rates at The Broadmoor. Visit our website (www.cosociety.org) for program details and registration information and The Broadmoor website (www.broadmoor.com) to plan your stay. We hope to see you and your family in September!

Sincerely,

Bob and Peggy Peroutka

About This Meeting

MEETING MISSION STATEMENT

The 2014 102nd Annual Meeting of the Clinical Orthopaedic Society will offer participants a comprehensive review of orthopaedic conditions including sports medicine and arthroscopy, patient safety, trauma, foot and ankle, pediatric orthopedics, and upper extremity surgery. Meeting attendees will review tried and true methods of diagnosis and treatments in addition to acquiring knowledge in the latest diagnostic and treatment techniques in each of these areas. The COS program faculty for 2014 are experts in the orthopedic subspecialty topics represented and will be available to clinicians throughout the meeting. Dialogue and interaction between the audience and presenters will be highly encouraged.

Highlighting this year's program are Live Patient Presentations that will allow participants to view patient-physician interactions. This program is sponsored by the Clinical Orthopaedic Society in conjunction with the Colorado Orthopaedic Society for members and non-members, and has been designed to meet the needs of practicing orthopaedic surgeons.

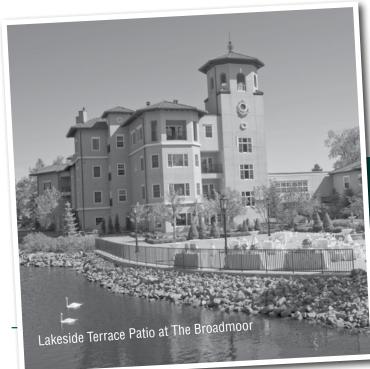
TARGET AUDIENCE

Orthopaedic surgeons, orthopaedic residents, sports medicine physicians, physician assistants, nurse practitioners, nurses, physician therapists, occupational therapists, trainers and other allied health personnel, epidemiologists, researchers, and all those involved with the care of patients with orthopaedic conditions will benefit from attending the 2014 102nd Annual Meeting of the Clinical Orthopaedic Society.

ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American Academy of Orthopaedic Surgeons and the Clinical Orthopaedic Society. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

The American Academy of Orthopaedic Surgeons designates this live activity for a maximum of **19.5 AMA PRA Category 1 Credits** TM . Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Course Objectives

PEDIATRIC ORTHOPAEDICS

Define the most current techniques in evaluation and treatment of the pediatric orthopaedic patient including symposium presentations on fracture, sports injuries and reconstruction.

HAND AND UPPER EXTREMITY

Symposium will address topics specific to trauma including diagnosis and management of compartment syndrome of the upper extremity with "live patient" presentation as well as upper extremity exam.

MUSCULOSKELETAL ONCOLOGY

Presentations from regional and national experts on multiple related topics including "live patient" to provide the audience perspectives on recognition and management of the common and unusual in this topic category.

ADULT RECONSTRUCTION

Concepts of "modern" joint arthroplasty of shoulder, knee and hip with presentations provided by a panel of regional and national experts.

SPORTS

Several symposia will be provided within this topic category including "Care of the Olympic Athlete" presented by orthopedists responsible for the care of our athletes at the 2014 Winter Games in Sochi. "Perspectives on Care of the Colorado Professional Athlete" presented by a panel responsible for the orthopaedic care of the Broncos, Nuggets, Rockies and Avalanche, and a symposium on "Hot Topics and Controversies in Sports Medicine."

TRAUMA

Learn the latest techniques and specialized aspects of care of the "poly trauma patient" moderated by a panel of local experts in the field.

MILITARY ORTHOPAEDICS

National experts from the Colorado Springs community will provide perspectives of orthopaedic care unique to their practice and patient population including "far forward orthopaedics" and management of blast injuries.

PATIENT SAFETY

A panel of practicing orthopaedists will provide discussion and insight into the enhancement of patient safety through a practice focused approach.

ADVOCACY AND ACTIVISM

Will include an AAOS update from First Vice President David Teuscher and a panel discussion on the specifics of involvement in the political process for the enhancement of patient care.



For room rates and reservations, please visit:

www.cosociety.org

Rooms and rates are subject to availability. Hotel cutoff date: August 24, 2014

102nd Annual Meeting Scientific Program

THURSDAY, SEPTEMBER 11, 2014

6:45 am - 3:00 pm	Registration
6:45 am - 7:10 am	Breakfast with Exhibitors
7:10 am - 7:20 am	Welcome and Opening Remarks – Robert M. Peroutka, MD
7:20 am - 7:30 am	Welcome from the Colorado Orthopaedic Society President – Theodore L. Stringer, MD

SYMPOSIUM 1 - Perspectives and Pearls in Pediatric Orthopaedics

Moderators: Brian A. Shaw, MD, FAAP, FAAOS

7:30 am – 7:45 am

7:45 am – 8:00 am

8:00 am – 8:15 am

8:15 am – 8:30 am

8:30 am – 8:45 am

8:45 am – 9:00 am

9:00 am – 9:10 am

Management of Adolescent DDH – Eduardo Novais, MD

Adolescent Shoulder Dislocation, Should We Treat Early – Jay Albright, MD

Adolescent Shoulder Dislocation, Should We Treat Early – Jay Albright, MD

Age Dependent Management of Pediatric Femur Fracture – Jason Stoneback, MD

Pediatric Orthopaedics, The Overseas Experience – Brian A. Shaw, MD, FAAP, FAAOS

Pediatric Fractures of the Medial Epicondyle, To Fix or Not to Fix – Jason Rhodes, MD

Tumors Masquerading as Common Benign Developmental Conditions and Sports Injuries – Nathan Donaldson, DO

Question and Answer with Panel

SYMPOSIUM 2 - Orthopaedics in the Military

Moderator: Kristina S. Walick, MD, LTC US Army

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9:10 am - 9:30 am	Far Forward Orthopaedics, Lessons Learned from the Global War on Terrorism – Kristina S. Walick, MD, LTC
9:30 am - 9:35 am	Turn-up Plasty for Salvage of Amputations: A case series – Elizabeth Polfer, MD
9:35 am — 9:40 am	An Analysis of Orthopaedic Research Produced During the Conflicts in Iraq and Adghanistan: The Top 20 – LCDR George C. Balazs, MD, MC, USN
9:40 am - 10:10 am	Advancements in Orthopaedics as a Result of the Global War on Terrorism – James R. Fické, MD and Kristina S. Walick, MD, LTC
10:10 am - 10:40 am	Advancements in Rehabilitation and Prosthetics with Live Patient Presentation – James R. Fické, MD; and Donald A. Gajewski, MD
10:40 am - 10:50 am	Question and Answer with Panel
10:50 am – 11:15 am	Break with Exhibitors
11·15 am - 11·45 am	Dr. and Mrs. J. Elmer Nix Presentation and Lecture: Reflections – James R. Urbaniak MD

SYMPOSIUM 3 - Care of the Colorado Professional Athlete

Moderator: Steven M. Traina, MD

11:45 am - 12:05 pm	ACL Injuries in the NBA – Steven M. Traina, MD, Head Team Physician for the Denver Nuggets
12:05 pm - 12:15 pm	Extensor Mechanism Injuries About the Knee: An NFL Perspective – Martin Boublik, MD, Head Team Physician
	for the Denver Broncos
12:15 pm - 12:35 pm	UCL Injuries of the Elbow and Internal Impingement of the Shoulder: An MLB Perspective – Thomas Noonan, MD,
	Head Team Physician for the Colorado Rockies
12:35 pm – 12:55 pm	Headaches and Hernias: The NHL Experience – Andrew Parker, MD, Head Team Physician for the Colorado Avalanche
12:55 pm - 1:05 pm	Question and Answer with Panel
1:05 pm - 2:05 pm	Exhibitor Lunch
2:05 pm - 2:35 pm	PRESIDENTIAL GUEST SPEAKER - Orthopaedic Education in the 21st Century – David S. Hungerford, MD

SYMPOSIUM 4 – Topics on Trauma

Moderator: Wade R. Smith. MD and Steven J. Morgan. MD. FACS

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2:35 pm - 3:05 pm	Role of Biological Modifiers Regulating the Immune Response After Trauma – Wade R. Smith, MD and Steven J. Morgan, MD, FACS
3:05 pm - 3:35 pm	Pathophysiology of Trauma – Philip F. Stahel, MD, FACS
3:35 pm - 4:30 pm	Leo Cooper X-Ray Forum – Moderator Diana D. Carr, MD
4:30 pm	Meeting Adjourns
6:30 pm	President's Welcome Reception with Exhibits - Colorado Casual Dress
	Rocky Mountain Ballroom

FRIDAY, SEPTEMBER 12, 2014

7:00 am — 3:00 pm	Registration
7.00 am - 7.30 am	Breakfast with Exhibitors

102nd Annual Meeting Scientific Program

PAPERS WITH DISCUSSION

Moderator: George W. Brindley, ML	Moderator:	George	W.	Brindlev.	MD
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7:30 am - 7:35 am	Defining and Evaluating Excellence in Orthopedics – Marshall K. Steele, MD
7:35 am - 7:40 am	The 'Lever Sign': A new clinical test for the diagnosis of Anterior Cruciate Ligament Rupture – David Spenciner, PE, ScM, MBA
7:40 am - 7:45 am	Preventive Effects of Eccentric Training on Acute Hamstring Muscle Injury in Professional Baseball – Richard A. Seagrave III, MD
7:45 am - 7:50 am	Topical Tranexamic Acid Use in Knee Periprosthetic Joint Infection is Safe and Effective – Talal Zahoor
7:50 am - 7:55 am	Novel Technique for All-Arthroscopic Reconstruction of the Acetabular Labrum by Capsular Augmentation: Outcomes at Minimum One-Year Follow-Up — Kyle Alpaugh, MA
7:55 am - 8:00 am	Predictors of post-operative pain and narcotic use after primary arthroscopic rotator cuff repair – Troy Roberson, MD
8:00 am - 8:05 am	Surgical outcomes and indications for total hip arthroplasty in patients under 25 years of age — Erin Wylie, BA, MAT
8:05 am - 8:10 am	The Spectrum of Foot Deformities in Loeys-Dietz Syndrome – Thomas Kim, MD
8:10 am - 8:15 am	Incidence and implications of intra-articular radial head fractures in the pediatric patient – Ryan Fader, MD
8:15 am - 8:20 am	Radiographic Parameters Correlating with Success of Mehta Cast Utilization in Infantile Idiopathic Scoliosis – Hamid Hassanzadeh, MD
8:20 am - 8:30 am	Question and Answer

SYMPOSIUM 5 – Hand and Upper Extremity

Moderator: John Froelich, MD

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	8:30 am - 8:50 am	End to Side Nerve Repair – James R. Urbaniak, MD
	8:50 am - 9:10 am	Compartment Syndrome of the Upper Extremity with Live Patient Presentation – Sameer Lodha, MD
	9:10 am - 9:30 am	Nerve Grafts in the Upper Extremity – John Froelich, MD
	9:30 am - 9:50 am	Management of Elbow Dislocation – William Payne, MD
	9:50 am - 10:00 am	Question and Answer with Panel
1	0:00 am - 10:15 am	Break with Exhibitors

SYMPOSIUM 6 – Care of the Olympic Athlete

Moderator: Steven R. Myers, MD

10:15 am — 10:45 am	GIOFIA M. BEIM, MD, FAAUS — CMU TEAM USA 2014 WINTER GAMES
10:45 am - 11:15 am	Steven R. Myers, MD – Team Physician US Ski Team
11:15 am - 11:45 am	Charlie Huebner – Chief of Paralympics-USOC
11:45 am - 12:00 pm	Question and Answer with Panel
12:00 pm - 1:00 pm	Lunch on Own
1:00 pm — 1:30 pm	PRESIDENTIAL GUEST SPEAKER - Serendinity, Surgeons and Service: Perspectives on Orthopaedic Leadership — James R. Fické, MD

SYMPOSIUM 7 – Patient Safety

Moderator: Theodore J. Clarke, MD

1:30 pm – 1:45 pm	Tools to Ensure a Safe Patient Outcome - The Surgical Checklist – Jeffrey M. Nakano, MD
1:45 pm - 2:00 pm	Rescuing Failed Prior Therapy – Cynthia Kelly, MD
2:00 pm - 2:15 pm	Judgement – Michael Dayton, MD
2:15 pm - 2:30 pm	Question and Answer with Panel
2:30 pm - 2:45 pm	Coffee Break

SYMPOSIUM 8 - Hot Topics and Controversies in Sports Medicine

Moderator: Christopher K. Jones, MD and Michael J. Huang, MD

2:45 pm - 3:00 pm	ACL Injuries in the Skeletally Immature Patient – Jay Albright, MD
3:00 pm — 3:15 pm	Cartilage Restoration and Salvage Procedures in the Knee – Wayne K. Gersoff, MD
3:15 pm — 3:30 pm	Hip Labral Reconstruction – Brian J. White, MD
3:30 pm – 3:45 pm	Update on Femoroacetabular Impingement – Michael J. Huang, MD
3:45 pm – 4:00 pm	PRP / Biologics — Christopher K. Jones, MD
4:00 pm - 4:15 pm	Question and Answer with Panel
4:15 pm	Meeting Adjourns
6:30 pm	Friday Night Reception: A Taste of Colorado - Colorado Casual Dress
·	Poolside Patio at the Broadmoor

102nd Annual Meeting Scientific Program

SATURDAY, SEPTEMBER 13, 2014

6:30 am - 2:00 pmRegistration 6:30 am - 7:00 amContinental Breakfast

SYMPOSIUM 9 - When You Hear Hoof Beats... A Tumor Primer for Orthopaedic Surgeons

Moderator: George W. Brindley, MD

Evaluation and Diagnosis of Extremity Tumors – Ronald R. Hugate, MD 7:00 am - 7:15 am

7:15 am - 7:30 amTreatment of Extremity Tumors – Ross Wilkins, MD Metastatic Cancer to Bone - Cynthia Kelly, MD 7:30 am - 7:45 am

7:45 am - 8:00 am Live Patient Presentation

Classics in Orthopaedics

Moderators: Robert E. Eilert, MD and Theodore L. Stringer, MD

Guest Speaker - Sponsored by the Colorado Orthopaedic Society 8:00 am - 8:30 am

Protrusio Acetabulum – Howard H. Steel, MD

8:30 am - 9:00 am Live Patient Presentation

9:00 am - 9:15 am Coffee Break

9:15 am - 10:00 am Clinical Orthopaedic Society's Annual Membership Meeting

SYMPOSIUM 10 - AAOS and OREF Update and Symposium on Political Activism

Moderator: Thomas G. Friermood, MD

10:00 am - 10:25 am AAOS Update - David D. Teuscher, MD 10:25 am - 10:35 am OREF Update - Ramon L. Jimenez, MD

10:35 am - 11:00 am Panel Discussion – John Froelich, MD; Thomas G. Friermood, MD; and David D. Teuscher, MD

SYMPOSIUM 11 - Adult Reconstruction and Joint Arthroplasty

Moderator: C. Lowry Barnes, MD

11:00 am - 11:15 am Don't Throw the Baby Out with the Bath Water – David S. Hungerford, MD

11:15 am - 11:30 am Material Allergies in Arthroplasty - Michael Dayton, MD 11:30 am - 11:45 am Alternative Bearings in THA – Jason Jennings, MD

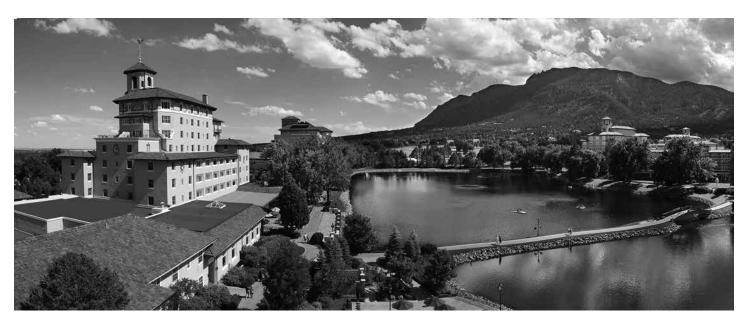
Experience with Exparel and Other Topics – C. Lowry Barnes, MD 11:45 am - 12:00 pm

12:00 pm - 12:15 pm Shoulder Arthroplasty: Running the Reverse – Christopher K. Jones, MD

12:15 pm - 12:30 pm Live Patient Presentation – Theodore L. Stringer, MD 12:30 pm - 12:45 pm

Presidential Address / Passing of the Presidential Gavel

12:45 pm Meeting Adjourns



102nd Annual Meeting Faculty

Jay Albright, MD

Associate Professor Children's Hospital Aurora, CO

C. Lowry Barnes, MD

Professor, University of Arkansas for Medical Sciences St. Vincent Hospital Little Rock, AR

Gloria M. Beim, MD, FAAOS

Alpine Orthopaedics & Sports Medicine Gunnison, CO

Martin Boublik, MD

Head Team Physician for the Denver Broncos Steadman Hawkins Clinic Denver, CO

George W. Brindley, MD

Texas Tech University Health Sciences Center Lubbock, TX

Theodore J. Clarke, MD

CEO and Chairman COPIC Denver, CO

Diana D. Carr, MD

Sebring, FL

Michael Dayton, MD

Associate Professor Director of Orthopaedic Residency Program University of Colorado Aurora, CO

Nathan Donaldson, DO

Assistant Professor Children's Hospital Aurora, CO

Robert E. Eilert, MD

Emeritus Professor of Pediatrics Children's Hospital University of Colorado Aurora, CO

James R. Fické, MD

Professor and Chairman Orthopaedic Surgery Johns Hopkins University School of Medicine Baltimore, MD

Thomas G. Friermood, MD

Panorama Orthopaedics Golden, CO

John Froelich, MD

Assistant Professor University of Colorado Aurora, CO

Donald A. Gajewski, MD, LTC, US Army

Director — Center for the Intrepid Brooke Army Medical Center San Antonio, TX

Wayne K. Gersoff, MD

Advanced Orthopedic and Sports Medicine Specialists Denver. CO

Michael J. Huang, MD

Colorado Springs Orthopaedic Group Colorado Springs, CO

Charlie Huebner

Chief of Paralympics United States Olympic Committee Colorado Springs, CO

Ronald R. Hugate, MD

Colorado Limb Consultants Presbyterian/St. Luke's Medical Center Denver, CO

David S. Hungerford, MD

Professor of Orthopaedic Surgery Johns Hopkins University School of Medicine Baltimore, MD

Ramon L. Jimenez, MD

Monterey Peninsula Orthopaedic and Sports Medicine Institute Monterey, CA

Christopher K. Jones, MD

Colorado Springs Orthopaedic Group Colorado Springs, CO

Cynthia Kelly, MD

Colorado Limb Consultants Presbyterian/St. Lukes Medical Center Denver, CO

Sameer Lodha, MD

Panorama Orthopaedics and Spring Center Golden, CO

Steven J. Morgan, MD, FACS

Mountain Orthopaedic Trauma Surgeons Englewood, CO

Steven R. Myers, MD

Colorado Springs Orthopaedic Group Colorado Springs, CO

Jeffrey M. Nakano, MD

Rocky Mountain Orthopaedic Associates Grand Junction, CO

Thomas Noonan, MD

Head Team Physician for the Colorado Rockies Steadman Hawkins Clinic Denver, CO

Eduardo Novais, MD

Associate Professor Children's Hospital Aurora, CO

Andrew Parker, MD

Head Team Physician for the Colorado Avalanche Orthopedic Associates Denver, CO

William 'TJ' Payne, MD

Assistant Professor University of Colorado Aurora, CO

Jason Rhodes, MD

Assistant Professor University of Colorado School of Medcine Aurora, CO

Brian A. Shaw, MD, FAAP, FAAOS

Associate Professor of Orthopaedic Surgery University of Colorado School of Medicine Children's Hospital of Colorado Colorado Springs, CO

Wade R. Smith, MD

Mountain Orthopaedic Trauma Surgeons Englewood, CO

Philip F. Stahel, MD, FACS

Denver Health Medical Center Denver, CO

Howard H. Steel, MD

Emeritus Chief Surgeon Shriner's Hospital Philadelphia, PA

Jason Stoneback, MD

Assistant Professor University of Colorado School of Medicine Aurora, CO

Theodore L. Stringer, MD

Colorado Springs Orthopaedic Group

Colorado Springs, CO

David D. Teuscher, MD

Beaumont Bone and Joint Institute Beaumont, TX

Steven M. Traina, MD

Head Team Physician for the Denver Nuggets Western Orthopaedics Denver, Colorado

James R. Urbaniak, MD

Virginia Flowers Baker Professor of Orthopaedic Surgery Duke University Medical Center Durham, NC

Kristina S. Walick, MD, LTC, US Army

OIC Musculoskeletal Service and Orthopaedics Evans Army Community Hospital Ft. Carson, CO

Brian J. White, MD

Western Orthopaedics Denver, CO

Ross Wilkins, MD

Colorado Limb Consultants Presbyterian / St. Luke's Medical Center Denver, CO

Charles Yang, MD

Colorado Joint Replacement Porter Hospital Denver, CO

CLINICAL ORTHOPAEDIC SOCIETY

102nd Annual Meeting



September 11-13, 2014 • The Broadmoor • Colorado Springs, CO 👔

In Partnership with the Colorado Orthopaedic Society



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Registration Policy: All attendees entrance to scientific sessions and Patient Case Presentations. Fees *E-Mail required for registration o	d social functions. Registrations help to cover meeting expen	on fees includ	e: President's Reception	n, physician and spo	use/guest breakfast a	Badges are and breaks, p	required for lus Live
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Refund Policy: 50% refund th	rough 8/6/14; no refunds a	after 8/6/14. riting. Conta	Refund will be deter act COS headquarters	mined by date wr with any questio	<i>itten</i> cancellation is ns.	received. I	

please call the office at 804-565-6366 or email: cos@societyhq.com to confirm that your registration material has been received.



Clinical Orthopaedic Society 2209 Dickens Road Richmond, VA 23230-2005

Name:		
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**7	The COS will send spouse activity information to the provided email address.	
	Guest/Spouse Fees: \$125	
To	Include: Morning Hospitality (3 Breakfasts) and President's Reception.	
Ple	Please check all that apply:	
	Thursday, September 11, 2014 – A Day in Manitou Springs Join us for a few hours of shopping, browsing, dining, wine tasting, or whatever you fancy. Group will gather for lunch at 12:30 pm prior to departure. We will end with a stop at one of the area's most popular dessert spots! (All guests are on own for lunch and dessert. Transportation provided.)	
	Friday, September 12, 2014 – Cheyenne Zoo – The Wonders of the Wild When in or around Colorado Springs, CO, The Cheyenne Zoo is a MUST SEE! Join us for a 1.5 hour guided tour of one of Colorado's masterpieces. After the tour the Zoo is yours to enjoy!! (Transportation provided.)	
	NEW THIS YEAR – GROUP ACTIVITY	
**Ir	addition to registration fees, below based on per person cost.	
	Saturday, September 13, 2014 - 2:00 pm-7:00 pm — Garden of the Gods	
	# of tickets @ \$85 per person	
	TOTAL FOR REGISTRATION***: \$	

COS 102nd Annual Meeting Guest/Spouse Registration Form

***Please enter this total on the main COS 102nd Annual Meeting registration form