

Welcome from the President



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he Clinical Orthopedic Society is delighted to be hosting its 101st Annual Meeting September 19-21, 2013. This is going to be a great meeting as our organization moves into its second century.

September is a perfect time to visit Buffalo and nearby Niagara Falls. Our program chairmen, Drs. Philips and Anders along with our local host, Dr. Slough, have put together an exceptional educational and social program. We are fortunate to have Drs. Tony Herring, Felix "Buddy" Savoie and Ben Kibler as our three presidential guest speakers. Dr. William Hamilton will be the recipient of the Dr. and Mrs. J. Elmer Nix Ethics Award.

Be sure not to miss their presentations and the rest of our excellent academic program.

This years meeting is being held along with the New York State Society of Orthopaedic Surgeons and will be a great time for fellowship with your colleagues from New York.

Join us for the President's Reception at the Pierce Arrow Museum on Thursday, September 19. The Pierce Arrow Motor Company produced some of the finest automobiles made, and for over 20 years, supplied cars to the White House for the use by the President. Come see this world class collection of cars, motorcycles, bicycles and memorabilia. The Friday night reception will be held at Templeton Landing.

Please encourage your partners and other orthopaedic colleagues to attend our 101st Annual Meeting. Let us continue to grow and strengthen our society into the second century of its existence.

Mark your calendar and plan to attend our annual meeting. We look forward to seeing you in Buffalo.

Cular

William C. Warner, Jr., MD

THE HYATT REGENCY BUFFALO

2 Fountain Plaza, Buffalo, NY
Telephone: 402-592-6464 / 888-421-1442
For room rates and reservations, please visit:

www.cosociety.org

Rooms and rates are subject to availability. Cut-off Date: August 20, 2013

MEETING MISSION STATEMENT

The 2013 101st Annual Meeting of the Clinical Orthopaedic Society will offer participants a comprehensive review of orthopaedic conditions including sports medicine and arthroscopy, patient safety, trauma, foot and ankle, pediatric orthopedics, and upper extremity surgery. Meeting attendees will review tried and true methods of diagnosis and treatments in addition to acquiring knowledge in the latest diagnostic and treatment techniques in each of these areas. The COS program faculty for 2013 are experts in the orthopedic subspecialty topics represented and will be available to clinicians throughout the meeting. Dialogue and interaction between the audience and presenters will be highly encouraged.

Highlighting this year's program are Live Patient Presentations that will allow participants to view patient-physician interactions. This program is sponsored by the Clinical Orthopaedic Society for members and non-members, and has been designed to meet the needs of practicing orthopaedic surgeons.

TARGET AUDIENCE

Orthopaedic surgeons, orthopaedic residents, sports medicine physicians, physician assistants, nurse practitioners, nurses, physician therapists, occupational therapists, trainers and other allied health personnel, epidemiologists, researchers, and all those involved with the care of patients with orthopaedic conditions will benefit from attending the 2013 101st Annual Meeting of the Clinical Orthopaedic Society.

ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American Academy of Orthopaedic Surgeons and the Clinical Orthopaedic Society. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

The American Academy of Orthopaedic Surgeons designates this live activity for a maximum of **17.25** *AMA PRA Category 1 Credits*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Clinical Orthopaedic Society is recognized by the Board of



Certification, Inc. to offer continuing education for Certified Athletic Trainers. This program has been approved for a maximum of **17.25 Category A hours of continuing education**. Certified Athletic Trainers should claim only those hours actually spent participating in the continuing education activity.

COURSE OBJECTIVES

Spine

Outline the most recent techniques and treatment options in pediatric and adult spine. Understand the most common treatments for spine trauma and spine conditions.

Pediatrics

Define the most up-to-date trends in the evaluation and treatment of SCFE, Legg-Perthes disease, adolescent clavicle fractures, and pediatric hip disorders.

Tumor

Describe current management of common tumors seen by orthopaedic surgeons. Enhance recognition and appropriate referral of tumors. Identify the types of treatments available.

Trauma

Assess the most recent treatment of common orthopedic trauma cases. Understand how to optimize treatment of fractures in the elderly and the advantage of an integrated care model in geriatric fracture cases. Clavicle fractures and the role of scapular positioning and control will be discussed.

Arthroplasty

Understand how to deal with complex arthroplasty conditions of the hip, knee and shoulder including minimally invasive options and how to stay out of trouble. Learn about alternate bearings in total hip arthroplasty and modular femoral stem options and shoulder arthroplasty options including Reverse Total Shoulder Arthroplasty.

Sports and Arthroscopy

Identify causes of hip and groin pain along with lower abdominal pain. Learn current arthroscopic and open treatment of common hip conditions and hip dysplasia. Review current updates to treatment of meniscal injuries. Learn how to evaluate and treat common throwing injuries. Understand the role of the scapula in shoulder problems. Discuss techniques to improve rotator cuff surgery. Understand indications and enhanced techniques for elbow arthroscopy.

Foot and Ankle

Learn how to deal with complex foot conditions such as ankle arthropathy and difficult pilon fractures. Understand how to evaluate and treat ankle arthritis and posterior tibial dysfunction.

Hand and Wrist

How to evaluate and treat hand and wrist conditions and understand current treatment options and practice guidelines. Discuss concepts of treatment of distal radius fractures.

Patient Safety

Assess patient safety process issues and system failures including ways to improve outcomes in orthopedics and geriatric fracture management.

CLINICAL ORTHOPAEDIC SOCIETY

101st Annual Meeting

SEPTEMBER 19 - 21, 2013 • BUFFALO NIAGARA, NEW YORK

In Partnership with the NYS Society of Orthopaedic Surgeons, Inc.

Meeting Program

THURSDAY, SEPTEMBER 19, 2013

6:30 am - 7:00 am	Breakfast with Exhibitors		
7:00 am - 7:15 am	Welcome and Opening Remarks - William C. Warner, Jr., MD		
7:15 am - 7:30 am	Welcome New York State Society of Orthopaedic Surgeons - Michael L. Parks, MD		
PEDIATRIC SESSION – Moderator: William C. Warner, Jr., MD			
7:30 am - 7:45 am	Pediatric Elbow Fractures: Management and Complications - Robert D. Galpin, MD		
7:45 am - 8:00 am	Assessment of Adolescent and Young Adult Hip Disorders - P. Christopher Cook, MD, FRCS(c)		
8:00 am - 8:15 am	Current Trends in Management of Adolescent Clavicle Fractures - Michael R. Ferrick, MD		
8:15 am - 8:25 am	No Limits: The incredible adaptability of children - John A. Herring, MD		
SPORTS AND ARTHROS	SCOPY SESSION – Moderator: Robert J. Smolinski, MD		
8:25 am - 8:40 am	Hip Arthroscopy Update FAI and Labral Pathology - Brian E. McGrath, MD		
8:40 am - 8:55 am	Non-Hip Causes of Groin and Lower Abdominal Pain in Athletes - Leslie J. Bisson, MD		
8:55 am - 9:10 am	The Functional Path (Sports Training Techniques) - Vern Gambetta, Strength and Conditioning Coach		
9:10 am - 9:25 am	Update on Meniscus Surgery - John Marzo, MD		
9:25 am - 10:00 am	Break with Exhibitors		
10:00 am - 10:15 am	PRESIDENTIAL GUEST LECTURE - Elbow Arthroscopy: Indications and Options – Felix H. Savoie III, MD		
10:15 am - 10:30 am	Current ACL Concepts - Joseph A. Bosco III, MD		
10:30 am - 11:00 am	Knee Surgery: From dissections in the back yard to today's multi-specialists - Kenneth DeHaven, MD		
11:00 am - 11:30 am	PRESIDENTIAL GUEST LECTURE - Film Making 101: No Experience Necessary — John A. Herring, MD		
11:30 am - 11:55 am	Live Patient Presentation		
11:55 am - 12:15 pm	PRESIDENTIAL GUEST LECTURE - Improving Outcomes in Rotator Cuff Surgery — Felix H. Savoie III, MD		

TRAUMA SESSION - Moderator: Mark Anders, MD

Exhibitor Lunch

Registration

6:30 am - 1:45 pm

12:15 pm - 1:15 pm

1:15 pm - 1:30 pm	Soft Tissue Suture Options - Krackow Stitch and Cable Options - Kenneth A. Krackow, MD
1:30 pm - 1:45 pm	Hip Fracture Coordination Models - Stephen L. Kates, MD
1:45 pm - 2:00 pm	Osteoporosis and Fragility Fractures - Stephen L. Kates, MD
2:00 pm - 2:15 pm	Trauma Update - Mark Anders, MD
2:15 pm - 2:35 pm	Relevance in Orthopaedics - Kenneth DeHaven, MD
2:35 pm - 2:50 pm	Ischiofemoral Impingement Overview - Ronald E. Femia, MD
2:50 pm - 3:30 pm	Live Patient Presentation
3:30 pm	Meeting Adjourns
6:30 pm	President's Welcome Reception - Pierce Arrow Museum

FRIDAY - SEPTEMBER 20, 2013

7:15 am - 1:15 pm Registration

7:15 am - 8:15 am Breakfast with Exhibitors

8:15 am - 9:45 am Papers with Discussion - Moderator: Kenneth A. Krackow, MD

ARTHROPLASTY SESSION – Moderator: Matthew Phillips. MD

9:45 am - 10:00 am
10:00 am - 10:15 am
Unicondylar Knee Replacements - John Repicci, MD, DDS
Reverse Shoulder Arthroplasty - Paul D. Paterson, MD

10:30 am - 10:50 am Break with Exhibitors

10:50 am - 11:05 am Outpatient Hip and Knee Replacements - John Repicci, MD, DDS

11:05 am - 11:20 am Modular Femoral Components in Primary and Revision Hip Replacement - Sridhar Rachala, MD

11:20 am - 11:40 am PRESIDENTIAL GUEST SPEAKER - What Does That Bone Do Anyway? The Role of the Scapula in Shoulder

Function and Shoulder Injury – W. Benjamin Kibler, MD

11:40 am - 12:00 pm COS Business Meeting 12:00 pm - 1:00 pm Sponsored Lunch

1:00 pm - 1:30 pm Dr. and Mrs. J. Elmer Nix Presentation and Lecture: Orthopaedic Aspects of Classical Ballet - William G. Hamilton, MD

1:30 pm - 1:50 pm PRESIDENTIAL GUEST SPEAKER - Adventures with Arthur and Charlie in the Third Dimension: A review of

the mechanics and pathophysiology of A-C joint and clavicle injuries – W. Benjamin Kibler, MD

1:50 pm - 2:15 pm Live Patient Presentation

ADVOCACY AND SAFETY SESSION – Moderator: James A. Slough, MD

2:15 pm - 2:45 pm PRESIDENTIAL GUEST SPEAKER - AAOS, PAC, and Advocacy Update - Peter J. Mandell, MD

2:45 pm - 3:00 pm NYS Workers' Compensation Medical Treatment Guidelines: Variance Tracking and Guidelines Amendment

Program - John M. Olsewski, MD, FACS

3:00 pm - 3:15 pm Patient Safety - Joseph A. Bosco III, MD

SPINE SESSION – Moderator: Robert M. Peroutka. MD

3:15 pm - 3:30 pm Cervical Spine Injuries - Joseph Kowalski, MD 3:30 pm - 3:45 pm Adult Spinal Deformity - Christopher Hamill, MD

3:45 pm - 4:00 pm Academic Practice to Private Practice to Academic Practice to Private Practice to Hospital Based Practice

- John Olsewski, MD, FACS

4:00 pm Meeting Adjourns

6:30 pm Reception at Templeton Landing

SATURDAY - SEPTEMBER 21, 2013

6:30 am - 10:30 am Registration

6:30 am - 7:30 am Continental Breakfast

7:30 am - 9:00 am Papers with Discussion - Moderator; William C. Warner, Jr., MD

FOOT/ANKLE SESSION – *Moderator: Christopher Ritter, MD*

9:00 am - 9:15 am
9:15 am - 9:30 am
Oifficult Pilon Fractures - Christopher Ritter, MD
Forefoot / Midfoot Problems - John A. DiPreta, MD

9:45 am - 10:00 am Posterior Tibial Tendon Problems - A. Samuel Flemister, Jr., MD

10:00 am - 10:15 am Coffee Break

10:15 am - 10:45 am Live Patient Presentation

HAND SESSION – *Moderator: John J. Callahan, MD*

10:45 am - 11:00 am Distal Radius Fractures - Dale W. Wheeler, MD

11:00 am - 11:15 am Wrist Instability: Scapholunate Tears and Reconstruction - Timothy V. McGrath, MD

11:15 am - 11:30 am First CMC Arthritis - Owen J. Moy, MD

11:30 am - 11:45 am Soft Tissue Coverage of the Hand and Wrist - Warren C. Hammert, MD

11:45 am - 12:00 pm Wrist Arthroscopy - Timothy V. McGrath, MD

12:00 pm - 12:30 pm Presidential Address / Passing of the Presidential Gavel

12:30 pm Meeting Adjourns

MEETING FACULTY

Mark Anders, MD

Associate Clinical Professor University at Buffalo, State University of New York Buffalo, NY

Leslie J. Bisson, MD

Associate Professor University of Buffalo Amherst, NY

Joseph A. Bosco III, MD

Vice Chair of Clinical Affairs NYU Hospital for Joint Diseases New York, NY

John J. Callahan, MD

Clinical Assistant Professor Excelsior Orthopaedics, LLP Amherst, NY

P. Christopher Cook, MD, FRCS(c)

Associate Professor of Orthopaedics and Pediatrics University of Rochester, Golisano Children's Hospital Rochester, NY

Kenneth DeHaven, MD

Emeritus Professor of Orthopaedics University of Rochester Medical Center Rochester, NY

John A. DiPreta, MD

Clinical Associate Professor Albany Medical Center Albany, NY

Ronald E. Femia, MD

Radiologist Excelsior Orthopaedics/Buffalo MRI Williamsville, NY

Michael R. Ferrick, MD

Associate Professor University at Buffalo, State University of New York Buffalo, NY

A. Samuel Flemister, Jr., MD

Professor of Orthopaedics University of Rochester Medical Center Rochester, NY

Robert D. Galpin, MD

Clinical Professor, Chief of Orthopaedics Women and Children's Hospital of Buffalo Amherst, NY

Vern Gambetta

Gambetta Sports Training Systems Sarasota, FL

Christopher Hamill, MD

Associate Professor University Orthopaedics and Sports Medicine Amherst, NY

William G. Hamilton, MD

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Professor Texas Scottish Rite Hospital Dallas, TX

Stephen L. Kates, MD

Professor of Orthopaedics University of Rochester Rochester, NY

W. Benjamin Kibler, MD

Medical Director Shoulder Center of Kentucky Lexington Clinic Lexington, KY

Joseph Kowalski, MD

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Me	eting Registration Forn		
Name			
Last	First MI	☐ CRNA ☐ Other:	
Preferred Mailing Address			
City / State / Zip			
Office Phone I	Home Phone	Fax #	
Registration Policy: All attendees including spouse/guest musentrance to scientific sessions and social functions. Registrati Patient Case Presentations. Fees help to cover meeting exper*E-Mail required for registration confirmation.	ion fees include: Welcome Reception, physician and sp	oouse/guest breakfast and breaks, plus Live	
Check all that apply	Through 8/10/13	After 8/10/13	
☐ Clinical Orthopaedic Society/NYSSOS Membe	r \$675	\$775 = \$	
☐ Certified Athletic Trainer	☐ \$150 Daily Rate	☐ \$200 Entire Meeting = \$	
□ Non-Member - US & Canada	\$775	\$875 = \$	
☐ Emeritus	\$320	\$345 = \$	
☐ COS First Year/Candidate Member	\$320	\$345 = \$	
☐ Physician Assistant	\$595	\$695 = \$	
☐ Orthopaedic Resident*	Fee waived	Fee waived = \$	
☐ Templeton Landing (Friday Night Reception) # of guest tickets	Registrant: Complimentary Guest: \$35 each	= \$	
☐ Spouse/Guest(s), Morning Hospitality (includes 3 breakfasts and President's Reception) # of tickets	\$75 each	\$75 each = \$	
Name:	E-Mail:		
*When accompanied by a letter from department chair, verify	ying resident status. Residency completion date:		
		TOTAL = \$	
How did you hear about this meeting?			
☐ Email ☐ Mail Flyer ☐ Journal / Name of Journ	nal:	d Other:	
	Please Send Payment to:		
-	Society, 2209 Dickens Road, Richmond ed to 804-282-0090. If paying by check, please r		
Personal Check	□ VISA □ MasterCard □ Discove	er 🗖 American Express	
Card No		Exp. Date	
CVV Security Code(3-digit	# in signature box on the back of VISA, MC, or Discov	er or 4-digit # on front of AMEX card above the card #.,	
	gnature Printed Name on Card		
Card Billing Address			
Refund Policy: 50% refund through 8/31/13; no refund			

If you do not receive a confirmation letter from the COS within 10 days of submitting your registration, please call the office at 804-565-6366 or email: cos@societyhq.com to confirm that your registration material has been received.



Clinical Orthopaedic Society 2209 Dickens Road Richmond, VA 23230-2005

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17.25 AMA PRA Category 1 Credits™

Live Patient Presentations

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