



Robert M. Harris, MD

As the president of the Clinical Orthopaedic Society, I would like to invite you to attend the 110th Annual Meeting in San Antonio, TX. This city has been nicknamed the "Military City" and is home to one of the centers of excellence in military medicine at Brooke Army Medical Center at Fort Sam Houston, TX. It is also home to other orthopedic centers of excellence that flourished under the leadership of Charles A Rockwood Jr.

With our lineup of leading experts in their field of orthopedics, we hope to demonstrate the contributions of military medicine and orthopedic surgical advances that were born out of recent conflicts and combat experience. We would like to honor the brave service members who have sacrificed in the line of duty. We will highlight the achievements of collaboration and integration between military and civilian entities in the care of amputees which is best demonstrated at the Intrepid Center at Brooke Army Medical Center.

Our social program will combine elements of our nation's history, culinary experiences, and a Spirit of Fiesta that only San Antonio can deliver.

Accreditation Information

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Orthopaedic Surgeons and the Clinical Orthopaedic Society. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

The American Academy of Orthopaedic Surgeons designates this live activity for a maximum of approximately **14 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



James R. Ficke, MD

COL James Ficke, MD, is Robert A. Robinson Professor of Orthopaedic Surgery at the Johns Hopkins School of Medicine and director of the Department of Orthopaedic Surgery. He is also orthopaedist-in-chief of The Johns Hopkins Hospital. He is nationally renowned as an expert on the treatment of complex foot and ankle patients, lower extremity trauma patients and amputees.

Dr. Ficke received his MD from Uniformed Services University of Health Sciences in 1987. He completed a transitional internship at Madigan Army Medical Center, and finished his residency in orthopaedic surgery at Tripler Army Medical Center. He also completed an AO fellowship in Trauma in Munich Germany, and a foot and ankle fellowship in Dallas, Texas.

Prior to his current position, Dr. Ficke was chairman of the Department of Orthopaedics and Rehabilitation at the San Antonio Military Medical Center. He also served the U.S. Army Surgeon General as the senior advisor on policy and personnel for orthopaedics and extremity injuries for seven years.

During his deployment as deputy commander of clinical services at the 228th Combat Support Hospital in Mosul, Iraq, from 2004 to 2005, he was the senior orthopedic surgeon, treating more than 600 U.S. soldiers and Iraqi patients for war injuries.

Joseph R. Hsu, MD



Joseph R. Hsu, MD, is the vice chair of quality of Atrium Health's Musculoskeletal Institute, professor of orthopaedic trauma and director of the limb lengthening and deformity program. He is from Baton Rouge, LA, and is an honor graduate from the United States Military Academy. Dr. Hsu served in the U.S. Army and deployed in 2006 to Baghdad, Iraq. He spent the majority of his military career trying to optimize outcomes for limb reconstruction patients. Much of Dr. Hsu's research now involves guiding safe opioid prescribing and true multimodal pain management for clinicians.

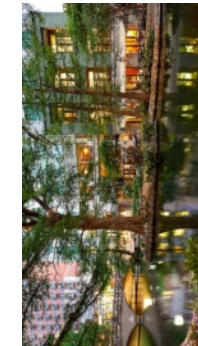


Clinical Orthopaedic Society
110 West Rd, Suite 227
Towson, MD 21204

Clinical Orthopaedic Society
110th Annual Meeting
September 7-10, 2022
San Antonio, TX

REGISTER TODAY
www.cosociety.org
or call 888-695-0515

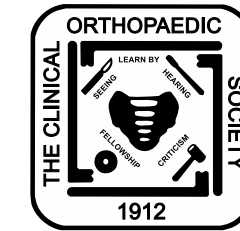
Hotel Reservations



Call 210-224-6500 to make your reservations for the COS 110th Annual Meeting being held at the Westin Riverwalk Hotel in San Antonio, TX.

Westin Riverwalk Hotel
420 W. Market St.
San Antonio, TX 78205

See you in San Antonio!



Clinical Orthopaedic Society

September 7-10, 2022
Westin Riverwalk Hotel
San Antonio, TX

110th Annual Meeting

Preliminary Program
Approximately 14 CME Credits

Wednesday, September 7

12:00 pm – 5:00 pm
Board of Directors Meeting

12:00 pm – 5:00 pm
Meeting Registration

12:00 pm – 5:00 pm
Exhibit Setup

Thursday, September 8

7:00 am – 7:10 am
Welcome and Opening Remarks
 Robert M. Harris, MD, The Hughston Clinic
 Anthony “AJ” Johnson, MD, University of Texas at Austin

Posting of Colors - Color Guard

Symposium 1 – Military Contributions to Orthopedics
 Moderator: Robert M. Harris, MD, The Hughston Clinic

7:10 am – 7:25 am
San Antonio/Ft Sam Houston
 Matthew R. Schmitz, MD, San Antonio Military Medical Center

7:25 am – 7:40 am
Military Inspired Technology in Orthopedics
 Joseph R. Hsu, MD, Atrium Health

7:40 am – 7:55 am
Military Amputee/Intrepid Center
 James R. Ficke, MD, Johns Hopkins University

General Session 1 – ABOS & AAOS Update
 Moderator: Robert M. Harris, MD, The Hughston Clinic

8:00 am – 8:05 am
ABOS Update
 David F. Martin, MD, ABOS

8:05 am – 8:20 am
AAOS Update
 Felix H. “Buddy” Savoie III, MD, Tulane University

8:20 am - 8:30 am
AAOS Update on Diversity
 Anthony “AJ” Johnson, MD, University of Texas at Austin

8:30 am – 9:00 am
Industry Breakfast Presentation
**CME Credit Not Available*

9:00 am – 9:20 am
BREAK—Please visit Exhibits

Symposium 2 – Sports
 Moderator: Anthony “AJ” Johnson, MD, University of Texas at Austin

9:20 am – 10:20 am
Panel Discussion
 Felix H. “Buddy” Savoie III, MD, Tulane University
 B. Christian Balldin, MD, TSAOG Orthopaedics & Spine
 Thomas DeBerardino, MD, UTHSCSA

10:20 am – 10:40 am
BREAK—Please visit Exhibits

General Session 2 – Presidential Guest Speaker
 Moderator: Robert M. Harris, MD, The Hughston Clinic
**CME Credit Not Available*

10:40 am – 11:20 am
 James R. Ficke, MD, Johns Hopkins University

11:20 am – 12:20 pm
Focused Lunch Presentation and Dessert Break with Exhibitors
**CME Credit Not Available*

Symposium 3 – Foot and Ankle
 Moderator: James R. Ficke, MD, Johns Hopkins University

12:20 pm – 1:30 pm
Panel Discussion
 John Early, MD, Texas Orthopedic Assoc
 Kevin Kirk, DO, TSAOG Orthopaedics and Spine
 James R. Ficke, MD, Johns Hopkins University

Symposium 4 – Hip Preservation
 Moderator: Matthew R. Schmitz, MD, San Antonio Military Medical Center

1:30 pm –1:50 pm
Arthroscopic Management of Hip Disorders
 Henry B. Ellis, MD, Texas Scottish Rite Hospital

1:50 pm – 2:10 pm
Advanced Hip Arthroscopy – Not Just Cam &

Pincer
 Casey D. Taber, MD, TSAOG Orthopaedics and Spine

2:10 pm – 2:30 pm
When Arthroscopy Won’t “Cut It” in Hip Disease
 Tyler J. Stavinoaha, MD, Children’s Hospital of San Antonio

2:30 pm – 2:50 pm
BREAK—Please visit Exhibits

Symposium 5 – Adult Reconstruction
 Moderator: George W. Brindley, MD, UTMB School of Medicine

2:50 pm – 3:10 pm
Porus Total Knee Arthroplasty
 George W. Brindley, MD, UTMB School of Medicine

3:10 pm – 3:30 pm
Title TBD
 Benjamin A. McArthur, MD, Texas Orthopedics

3:30 pm – 3:50 pm
Custom Implants in Joint Replacement – the FDA and Compassionate Use
 Jon Minter, DO, GA Joint Specialists Northside Hospital

Rapid Fire Sessions 1A – 1C

3:55 pm – 4:55 pm
Abstract Presentations & Discussion

Friday, September 9

7:00 am – 7:10 am
Announcements
 Anthony “AJ” Johnson, MD, University of Texas at Austin

Symposium 6 – Current Topics in Trauma Management
 Moderator: Animesh Agarwal, MD, University of Texas at San Antonio

7:10 am – 7:30 am
Patella Fractures: Is the Tension Band Obsolete
 Animesh Agarwal, MD, University of Texas at San Antonio

7:30 am – 7:50 am
Trauma in Austin
 David C. Laverty, MD, Texas Orthopedics Sports & Rehabilitation Associates

7:50 am – 8:10 am
Reverse Shoulder Hemiarthroplasty for management of Proximal Humerus Fractures
 Anil Dutta, MD, UT Health San Antonio

8:10 am – 8:20 am
Questions/Discussion

8:20 am – 8:50 am
Special Session 1 **CME Credit Not Available*

8:50 am – 9:20 am
Industry Breakfast Presentation
**CME Credit Not Available*

9:25 am – 9:45 am
BREAK—Please visit Exhibits

Symposium 7 – Hand
 Moderator: Brendan J. McKay, MD Texas Tech Physicians

9:50 am – 11:00 am
Panel
 Mark Bagg, MD, The Hand Center of San Antonio
 Brendan J. McKay, MD Texas Tech Physicians

11:00 am – 11:20 am
BREAK—Please visit Exhibits

General Session 3 – Presidential Guest Speaker
 Moderator: Robert M. Harris, MD, The Hughston Clinic

11:20 am – 12:00 pm
Title TBD
 Joseph R. Hsu, MD, Atrium Health

12:00 pm – 12:55 pm
Focused Lunch Presentation and Dessert Break with Exhibitors

General Session 4 – Dr. and Mrs. J. Elmer Nix Presentation and Lecture
 Moderator: Robert M. Harris, MD, The Hughston Clinic

12:55 pm – 1:05 pm
Introduction of Dr. and Mrs. J. Elmer Nix Award Recipient
 Robert M. Harris, MD, The Hughston Clinic

1:05 pm – 1:45 pm
Dr. and Mrs. J. Elmer Nix Presentation and Lecture
 Remembering Dr. Charles A Rockwood Jr

Rapid Fire Sessions 2A – 2C

1:45 pm – 2:45 pm
Abstract Presentations & Discussion

2:45 pm – 3:05 pm
BREAK—Please visit Exhibits

Symposium 8 – Intrepid Center
 Moderator: Joseph R. Hsu, MD, Atrium Health, Matthew R. Schmitz, MD, San Antonio Military Medical Center & James R. Ficke, MD, Johns Hopkins University

3:05 pm
Load on buses /Travel to IC

3:30 pm – 3:50 pm
Tour of Facility

3:50 pm – 4:10 pm
New Amputation Technology with Demo

4:10 pm – 4:35 pm
Live Patient Interviews

4:40 pm
Departure

Saturday, September 10

7:30 am – 7:40 am
Announcements
 Anthony “AJ” Johnson, MD, University of Texas at Austin

General Session 5 – Resident Paper Presentations
 Moderator: Anthony “AJ” Johnson, MD, University of Texas at Austin

7:40 am – 8:40 am
Abstract Presentations & Discussion

8:40 am – 9:10 am
Focused Breakfast Presentation
**CME Credit Not Available*

Symposium 10 – Medical Educations – State of the Union
 Moderator: Robert M. Harris, MD, The Hughston Clinic

9:10 am – 9:30 am
How are Medical Students Learning
 Brent A. Ponce, MD, The Hughston Clinic

9:30 am – 9:50 am
How Are Residents Learning
 Austin D. Hill, MD, Texas Orthopedics Sports & Rehabilitation Associates/Contingency PD from San Antonio

9:50 am – 10:15 am
How are Fellows Learning
 Melvyn A. Harrington Jr., MD, Houston Methodist

10:15 am – 10:30 am
REFRESHMENT BREAK

Symposium 11 – Spine
 Moderator: Afshin Razi, MD, Maimonides Medical Center

10:30 am – 11:40 am
Panel Discussion
 Eric Truumees, MD, Ascension Texas Spine & Scoliosis
 Melvin Helgelson, MD, Walter Reed National Military Medical Center
 Afshin Razi, MD, Maimonides Medical Center

11:40 am – 11:50 am
Research Award Presentations

General Session 7 – Presidential Address
 11:50 am – 12:20 pm
Presidential Address
 Robert M. Harris, MD, The Hughston Clinic

12:20 pm – 12:35 pm
Clinical Orthopaedic Society Annual Membership & Business Meeting

Social Events

For more details, view the Social Program online at www.cosociety.org/annual-meeting

THURSDAY, SEPTEMBER 8

8:30 am - 10:00 am | Spouse/Guest Hospitality Breakfast
 Join old friends and meet new ones while enjoying a continental breakfast.
Price: Included in Registration Fee

11:30 am - 2:30 pm | Spouse/Guest Culinary Institute of America
 Watch and learn while the best demonstrate “Flavors of Texas”! Get the inside scoop on recipe translation and tricks of the trade that will help you master some of the culinary world’s biggest secrets and techniques. After these demonstration-style classes, you’ll confidently walk away with pro skills that you can easily use in your home kitchen. Ask all of your embarrassing questions and demystify seemingly difficult cooking methods. You’ll enjoy a tasting of the demonstrated recipes and receive a copy to take home.

Following the demo and lunch, we can stroll around the Pearl District.
Price: \$90 (Includes transportation)

4:30 pm - 6:00 pm | President’s Welcome Reception with Exhibitors
 Before you go to dinner, start your evening off with drinks and hors d’oeuvres with COS.
Price: Included in Registration Fee

6:15 pm | Dine Around
 Join your colleagues for a night of dining at one of the four reserved restaurants at The Riverwalk San Antonio. COS has made all the arrangements for you. Just sign up on-site at registration with your friends and enjoy! *This is an event to be enjoyed independently, and each individual will be responsible for their own bill.*

FRIDAY, SEPTEMBER 9

8:30 am - 10:00 am | Spouse/Guest Hospitality Breakfast
 Join your friends and meet new ones while enjoying a continental breakfast.
Price: Included in Registration Fee

12:00 pm - 2:30 pm | Spouse/Guest River Shuttle, Lunch & Shopping
 Step out of the Westin and onto the GO RIO River Shuttle. First stop will be for a delicious lunch featuring Texans regional Mexican Dishes at Acenar, one of the largest and most innovative Mexican restaurants on the San Antonio River Walk.(Lunch is on your own) Following lunch, the river shuttle allows passengers to get off and on at their pace, cruising through both the Downtown and Museum Reaches. Spend the day shopping or visit a museum, then catch the river shuttle back to the hotel.
Price: \$22 per person (for the all day River Shuttle pass)

5:15 pm - 6:15 pm | Happy Hour Reception
 Before you go to dinner, start your evening off with drinks and hors d’oeuvres with COS.
Price: Included in Registration Fee

6:30 pm | Dine Around
 Join your colleagues for a night of dining at one of the four reserved restaurants at The Riverwalk San Antonio. COS has made all the arrangements for you. Just sign up on-site at registration with your friends and enjoy! *This is an event to be enjoyed independently, and each individual will be responsible for their own bill.*

SATURDAY, SEPTEMBER 10

8:30 am - 10:00 am | Spouse/Guest Hospitality Breakfast
 Join your friends and meet new ones while enjoying a continental breakfast overlooking the Riverwalk.
Price: Included in Registration Fee