

COS Tentative Scientific Program
November 4th-6th
Nashville, TN
(Presenters and times are subject to change.)

Thursday, November 4th

- 6:30 am – 7:00 am **Multimedia Education Session**
- 7:00 am – 7:10 am **Welcome and Opening Remarks**
J. Randall Riehl, MD, President
William C. Warner Jr., MD, Program Chair

Symposium 1 - Sports Knee

Moderator: Frederick C. Flandry, MD, FACS, *The Hughston Clinic*

- 7:10 am – 7:30 am ACL Graft Choice “What I Use and When”
E. Lyle Cain Jr., MD, Andrews Sports Medicine and Orthopaedic Center
- 7:30 am – 7:50 am Decision Making in Patellofemoral Instability
Sabrina Strickland, MD, Hospital for Special Surgery
- 7:50 am – 8:10 am Options for Cartilage Defects
Andreas Gomoll, MD, Hospital for Special Surgery
- 8:10 am – 8:20 am Case Presentations and Discussion
- 8:20 am – 8:50 am **Industry Breakfast Presentation**
**CME Credit Not Available*

General Session 1 – ABOS & AAOS Update

Moderator: J. Randall Riehl, MD, *Decatur Orthopaedic Clinic*

- 8:50 am – 8:55 am ABOS Update
David F. Martin, MD, American Board of Orthopaedic Surgery
- 8:55 am – 9:10 am AAOS Update
Daniel K. Guy, MD, FAAOS, Southern Center for Orthopedics
- 9:10 am – 9:30 am ***BREAK—Please visit Exhibits***

Symposium 2 - Spine

Moderator: Afshin Razi, MD, *Maimonides Medical Center*

9:30 am – 9:50 am Cervical Spine Disorders Update
Byron Stephens, MD, Vanderbilt University Medical Center

9:50 am – 10:10 am Spinal Interventions
Aaron Young, MD, Vanderbilt University Medical Center

10:10 am – 10:30 am Lumbar Degenerative Surgical Pathology
Kirk Thompson, MD, Campbell Clinic

10:30 am – 10:40 am Case Presentations and Discussion

10:40 am – 11:00 am ***BREAK—Please visit Exhibits***

General Session 2 – Presidential Guest Speaker

Moderator: J. Randall Riehl, MD, *Decatur Orthopaedic Clinic*

11:00 am – 11:40 am Opioid Crisis
Hassan R. Mir, MD, MBA, FACS, Florida Orthopaedic Institute

11:40 am – 12:40 pm **Focused Lunch Presentation and Dessert Break with Exhibitors**
**CME Credit Not Available*

Symposium 3 - Trauma

Moderator: Robert M. Harris, MD, *The Hughston Clinic*

12:40 pm – 1:00 pm **TBD**
Chris Cosgrove, MD, Campbell Clinic

1:00 pm – 1:20 pm Suprapatellar Tibial Nailing
Hassan R. Mir, MD, MBA, FACS, Florida Orthopaedic Institute

1:20 pm – 1:40 pm Periprosthetic Fractures – Tips and Tricks
Phillip Mitchell, MD, Vanderbilt University Medical Center

1:40 pm – 2:00 pm *BREAK – Please visit Exhibits*

Symposium 4 - General

Moderator: Bess E. Brackett, MD, *Sacramento, CA*

2:00 pm – 2:20 pm **Robotic TKA-Ready for Prime Time or Not?**
Craig Morrison MD, Southern Joint Replacement Institute

- 2:20 pm – 2:40 pm **Robotic THA-Ready for Prime Time or Not?**
Cory Calendine MD, Bone & Joint institute
- 2:40 pm – 3:00 pm Radiation Exposure in Orthopaedics
John E. Garber, MD, Witham Orthopaedic Associates
- 3:00 pm – 3:20 pm Subchondroplasty and RX of Bone Marrow Lesions - Fact or Fiction
Justin Daigre, MD, Decatur Orthopaedic
- 3:20 pm – 3:40 pm Infection Prevention in TJA
James E. Keeney, MD, Missouri Orthopaedic Institute
- 3:40 pm – 4:00 pm Discussion

Rapid Fire Sessions 1A – 1C

Moderators:

- 4:05 pm – 5:05 pm (This time will allow for 12, 4 minute abstracts with 2, 6 minute discussions)

Friday, November 5th

- 6:30 am – 7:00 am **Multimedia Education Session**
- 7:00 am – 7:10 am **Announcements**
William C. Warner Jr., MD, Campbell Clinic

Symposium 5 – Sports Upper Extremity

Moderator: James A. Slough MD, *Excelsior Orthopaedics*

- 7:10 am – 7:30 am Reverse Total Shoulder vs Superior Capsular Reconstruction
Kaveh Sajadi, Lexington, KY
- 7:30 am – 7:50 am Biceps Tendon Fix It, Move It, or Lose It
Eric Bowman, Vanderbilt University Medical Center,
- 7:50 am – 8:10 am Tommy John's Repair with Internal Brace
E. Lyle Cain Jr., MD, Andrews Sports Medicine and Orthopaedic Center
- 8:10 am – 8:30 am Case Presentations and Discussion
- 8:30 am – 9:00 am **Industry Breakfast Presentation**
**CME Credit Not Available*

General Session 3 – Abstract Papers

Moderator: William C. Warner Jr., MD, *Campbell Clinic*

9:00 am – 9:35 am (This time will allow for 5, 6 minute abstracts with 5 minutes of discussion)

9:35 am – 9:55 am ***BREAK—Please visit Exhibits***

Symposium 6 - Hand

Moderator: Brendan J. MacKay, MD, *Texas Tech Physicians Ortho*

9:55 am – 10:15 am Congenital Hand Update
Benjamin Mauck, MD, Campbell Clinic

10:15 am – 10:35 am Perilunate Injury
NorFleet Thompson, MD, Campbell Clinic

10:35 am – 10:55 am Hand Fractures Update
Jeffrey Kutsikovich, MD, Franklin, TN

10:55 am – 11:05 am Case Presentations and Discussion

11:05 am – 11:25 am ***BREAK—Please visit Exhibits***

General Session 4 – Presidential Guest Speaker

Moderator: J. Randall Riehl, MD, *Decatur Orthopaedic Clinic*

11:25 am – 12:05 pm Lessons Learned from 20 Years on the Sidelines
E. Lyle Cain Jr., MD, Andrews Sports Medicine and Orthopaedic Center

12:05 pm – 1:05 pm **Focused Lunch Presentation and Dessert Break with Exhibitors**

General Session 5 – Giving Back in Orthopaedics

Moderator: William C. Warner Jr., MD, *Campbell Clinic*

1:05 pm – 1:25 pm Forrest Spence Fund
David Spence, MD, Campbell Clinic

1:25 pm – 1:45 pm Moore Surgery Center
Kenneth L. Moore, MD, Franklin, TN

1:45 pm – 1:50 pm Introduction of Dr. and Mrs. J. Elmer Nix Award Recipient

J. Randall Riehl, MD, Decatur Orthopaedic Clinic

1:50 pm – 2:20 pm

Dr. and Mrs. J. Elmer Nix Presentation and Lecture
My Journey in Volunteerism
John F. Lovejoy Jr., MD, Jacksonville, FL

2:20 pm – 2:40 pm

Clinical Orthopedic Society – Past and Present
Raoul Rodriguez, MD, *Tulane University School of Medicine*

2:40 pm - 3:00pm

BREAK—Please visit Exhibits

Symposium 7 – Foot and Ankle

Moderator: Ramon F. Rodriguez, MD, *Tulane University School of Medicine*

3:00 pm – 3:20 pm

Percutaneous Achilles Repair
Justin L. Daigre, MD, Decatur Orthopaedic

3:20 pm – 3:40 pm

New Options in Hallux Rigidus
Robert Santrock MD, West Virginia University Hospital

3:40 pm – 4:00 pm

Live Patient Presentation
Total Ankle Arthroplasty
Gregory Berlet, MD, Orthopedic Foot & Ankle Center

4:00 pm – 4:10 pm

Case Presentations and Discussion

Rapid Fire Sessions 2A – 2C

Moderators:

4:15 pm – 5:05 pm

(This time will allow for 10, 4 minute abstracts with 2, 5 minute discussions)

Saturday, November 6th

6:30 am – 8:00 am

Multimedia Education Session

7:30 am – 7:40 am

Announcements
William C. Warner Jr., MD, Campbell Clinic

General Session 6 – Resident Paper Presentations

Moderator: William C. Warner Jr., MD, *Campbell Clinic*

7:40 am – 8:40 am

(This time will allow for 8, 6 minute abstracts with 12 minutes of discussion)

8:40 am – 9:10 am **Focused Breakfast Presentation - Flexion/Zilretta**

Symposium 8 – Hip

Moderator: George W. Brindley, MD, *Texas Tech Physicians Ortho*

9:10 am – 9:30 am Anterior THA Tips and Tricks
Christopher T. Parks, MD, The Orthopaedic Center

9:30 am – 9:50 am Posterior Hip Arthroplasty Revisited
James E. Keeney, MD, Missouri Orthopaedic Institute

9:50 am – 10:10 am Hip Resurfacing, Is it Still Indicated and Indications
Marcus Ford, MD, Campbell Clinic

10:10 am – 10:20 am Case Presentations and Discussion

10:20 am – 10:30 am **REFRESHMENT BREAK**

Symposium 9 – Pediatrics

Moderator: William C. Warner Jr., MD, *Campbell Clinic*

10:30 am – 10:50 am Pediatric Musculoskeletal Infections Update
Ben Sheffer, MD, Campbell Clinic

10:50 am – 11:10 am Pediatric Fractures – Trouble Fractures
William C. Warner Jr., MD, Campbell Clinic

11:10 am – 11:30 am Back Pain IN Children
Jeffrey Martus, MD, Vanderbilt University Medical Center

11:30 am – 11:40 am Case Presentation and Discussion

11:40 am – 11:50 am **Award Presentation**

General Session 7 – Presidential Address

11:50 am – 12:20 pm **Make a Difference**
J. Randall Riehl, MD, Decatur Orthopaedic Clinic

12:20 pm – 12:35 pm **Clinical Orthopaedic Society Annual Membership & Business Meeting**

12:00 pm – 4:00 pm **OITE review**