

**COS Scientific Program
September 18-21, 2019
Omni at The Battery
Atlanta, GA
(Presenters and times are subject to change.)**

Wednesday, September 18

10:00 am – 6:00 pm	Resident Review Course
12:00 pm – 5:00 pm	Registration
1:00 pm – 4:00 pm	Board of Directors Meeting
6:00 pm – 9:00 pm	President’s Private Dinner

Thursday, September 19

6:00 am – 7:00 am	Multimedia Education Session
6:30 am – 5:00 pm	Registration
7:00 am – 7:05 am	Welcome and Opening Remarks <i>Frederick C. Flandry, MD, The Hughston Clinic, President</i>

Symposium 1 – Spine

Moderator: Afshin E. Razi, MD, *Maimonides Medical Center*

7:05 am – 7:25 am	Is it the Back or the Hip? Differentiating Lumbar Spine from Hip Pathology <i>Speaker TBD</i>
7:25 am – 7:45 am	Diagnosis and Treatment of Lumbar Spine Compression Fractures: State of the Art and Best Practices <i>Speaker TBD</i>
7:45 am – 7:55 am	Spinal Endoscopy <i>L. Erik Westerlund, MD, FACS, The Hughston Clinic</i>
7:55 am – 8:10 am	Case Presentations
8:10 am – 8:20 am	Discussion
8:20 am – 8:40 am	<i>BREAK—Please visit Exhibits</i>

Symposium 2 – Sports Knee

Moderator: Ricardo J. Rodriguez, MD, *Baton Rouge Orthopaedic Clinic*

- 8:40 am – 8:55 am Optimizing Fixation and Biology in the Treatment of ACL Tears
Patrick A. Smith, MD, Columbia Orthopaedic Group
- 8:55 am – 9:05 am Current Concepts in Meniscal Repair
Champ L. Baker III, MD, The Hughston Clinic
- 9:05 am – 9:15 am Medial Ligament Repair and Reconstruction
Kurt E. Jacobson, MD, FACS, The Hughston Clinic
- 9:15 am – 9:25 am Treatment of PCL Injuries
Marlene DeMaio, MD, Philadelphia, PA
- 9:25 am – 9:35 am Discussion

Rapid Fire Sessions 1A – 1D

Moderators: TBD

- 9:40 am – 10:20 am (Allows for eight 4 minute papers with 8 minutes of discussion)
- 10:20 am – 10:40 am ***Break – Please visit Exhibits***

General Session 1 – A View from the Top

Moderator: Frederick C. Flandry, MD, *The Hughston Clinic*

- 10:40 am – 10:55 am COS Presidential Address
Frederick C. Flandry, MD, The Hughston Clinic
- 10:55 am – 11:05 am AAOS Update - Video
Kristy L. Weber, University of Pennsylvania, AAOS President
- 11:05 am – 11:20 am ABOS Update
David F. Martin, MD, American Board of Orthopaedic Surgery
- 11:20 am – 11:35 am Discussion
- 11:35 am – 12:05 pm **Industry Lunch Presentation**
- 12:05 pm – 12:35 pm **Dessert Break in Exhibit Hall**

Symposium 3 – The Septic Total Joint

Moderator: George W. Brindley, MD, *Texas Tech Physicians Ortho*

- 12:40 pm – 12:55 pm Evaluation and Management of the Infected Total Joint
Paul M. Courtney, MD, Jefferson University Hospitals
- 12:55 pm – 1:05 pm One Stage Exchange Arthroplasty
Jon E. Minter, DO, Northside Hospital
- 1:05 pm – 1:15 pm New Approaches to Pathogen Identification: Is a C & S Obsolete?
Paul M. Courtney, MD, Jefferson University Hospitals
- 1:15 pm – 1:25 pm Discussion

Symposium 4 – Arthroplasty: Challenges in TJA

Moderator: J. Randall Riehl, MD, *Decatur Orthopaedic Clinic*

- 1:25 pm – 1:40 pm Strategies for Dealing with Bone Loss and Protrusion in THA and TKA
Michael P. Bolognesi, MD, Duke University
- 1:40 pm – 1:55 pm Outpatient Total Knee Arthroplasty
Gary A. Levensgood, MD, Sports Medicine South
- 1:55 pm – 2:05 pm Robotic Assisted TJA
Jon E. Minter, DO, Northside Hospital
- 2:05 pm – 2:15 pm Trunionosis
Randall J. Ruark, MD, The Hughston Clinic
- 2:15 pm – 2:25 pm Multimodal Anesthesia in TJA
Margaret Holtz, MD, Georgia Anesthesiologists
- 2:25 pm – 2:35 pm Discussion
- 2:35 pm – 2:55 pm ***BREAK—Please visit Exhibits***

Rapid Fire Session 2A – 2D

Moderators: TBD

- 3:00 pm – 3:45 pm (This allows for nine 4 minute presentations with 9 minutes of discussion)

Symposium 5 – Arthroplasty “Real Life Orthopaedics”

Moderator: Carlton G. Savory, MD, FACS, *The Hughston Clinic*

- 3:50 pm – 4:40 pm **Panelists:**
Michael P. Bolognesi, MD, Duke University
Paul M. Courtney, MD, Jefferson University Hospitals

Gary A. Levensgood, MD, Sports Medicine South
Jon E. Minter, DO, Northside Hospital
Randall J. Ruark, MD, The Hughston Clinic

4:45 pm – 6:00 pm

Welcome Reception in Exhibit Hall

Friday, September 20

6:00 am – 7:00 am

Multimedia Education Session

7:00 am – 3:45 pm

Pathology Unknown Competition

7:00 am – 7:05 am

Announcements

Frederick C. Flandry, MD, The Hughston Clinic, President

Symposium 6 – Shoulder: Labrum and Rotator Cuff

Moderator: James A. Slough, MD, *Excelsior Orthopaedics*

7:05 am – 7:15 am

Current Strategies for Labral Repair
TBD

7:15 am – 7:35 am

RSA for Cuff Arthropathy - ***Live Patient Presentation***
Patrick J. Fernicola, MD, The Hughston Clinic

7:35 am – 7:55 am

Superior Capsular Labral Reconstruction of Irreparable Cuff
Injuries
TBD

7:55 am – 8:05 am

Discussion

Symposium 7 – The SI Joint

Moderator: Frederick C. Flandry, MD, *The Hughston Clinic*

8:05 am – 8:25 am

Clinical Presentation and Pathogenesis - ***Live Patient Presentation***
John G. Keating, MD, Atlanta, GA

8:25 am – 8:35 am

Non Operative Management of SI Joint Dysfunction
Tom Boers, PT, Hamilton Spine Health & Sport

8:35 am – 8:45 am

SI Joint Fusion
John G. Keating, MD, Atlanta, GA

8:45 am – 8:55 am

Discussion

Robert M. Harris, MD, The Hughston Clinic

12:55 pm – 1:05 pm Pediatric Fracture Treatment and Pitfalls
Samara Friedman, MD, NYU Langone Health

1:05 pm – 1:15 pm Title
Lisa K. Cannada, MD, Jacksonville, FL

1:15 pm – 1:25 pm Stop the Bleed
John S. Harvey, MD, Alpharetta, GA

1:25 pm – 1:35 pm Discussion

Symposium 9 – Physicians in the Military

Moderator: Robert M. Harris, MD, *The Hughston Clinic*

1:35 pm – 2:05 pm The Rescue Attempt of Iran Hostages
COL (Ret) Carlton G. Savory, MD, FACS, The Hughston Clinic

2:05 pm – 2:35 pm My Years as a Vietnam POW
COL (Ret) Harold Kushner, MD, FACS, Daytona Beach, FL

2:35 pm – 2:45 pm Discussion

2:45 pm – 3:05 pm ***BREAK—Please visit Exhibits***

Rapid Fire Session 4A – 4D

Moderators:

3:10 pm – 3:40 pm (Allows for five 4 minute presentations with 10 minutes of discussion)

Symposium 10 – Non Operative Management of Arthritis Pain

Moderator: TBD

3:45 pm – 4:00 pm Orthobiologics: Does a Science Exist?
Jason Drago, MD, Stanford Children's Health

4:00 pm – 4:15 pm The Role of PRP and BAMC in the Treatment of Osteoarthritis
Patrick A. Smith, MD, Columbia Orthopaedic Group

4:15 pm – 4:25 pm Intraarticular Long Acting Corticosteroids
TBD

- 4:25 pm – 4:35 pm Transient Articular Denervation
Cameron Kersey, MD, The Hughston Clinic
- 4:35 pm – 4:45 pm Discussion
- 4:45 pm – 5:05 pm Pathology Unknown Discussion and Announcement of Winner
David K. Monson, MD, Emory Healthcare
- 5:05 pm – 6:05 pm **Multimedia Education Session**

Saturday, September 21

- 6:00 am – 7:00 am **Multimedia Education Session**
- 7:00 am – 7:05 am **Announcements**
Frederick C. Flandry, MD, The Hughston Clinic, President

Symposium 11 - Hand

Moderator: Brendan J. MacKay, MD, *Texas Tech Physicians Ortho*

- 7:05 am – 7:50 am (Topics/Speakers)

Symposium 12 – Advocacy in Medicine

Moderator: John S. Harvey, MD, *Alpharetta, GA*

- 7:50 am – 8:00 am It Happened to Ophthalmologists: It Could Happen to You!
S. William Clark, MD, The Clark Eye Clinic, PC
- 8:00 am – 8:10 am If You Don't Have a Seat at the Table, You're Probably on the
Menu
Frederick C. Flandry, MD, The Hughston Clinic
- 8:10 am – 8:20 am Physicians as Politicians, My Journey from State House to US
Congress
Thomas E. Price, MD, Former Member of Congress, GA-6
- 8:20 am – 8:30 am Talking to your Congressman
A. Drew Ferguson IV, Member of Congress, GA-3
- 8:30 am – 8:40 am Discussion
- 8:40 am – 9:05 am ***BREAK PLEASE VISIT EXHIBITS***

General Session 4 – Resident Papers

Moderator: Frederick C. Flandry, MD, *The Hughston Clinic*

9:05 am – 10:15 am (Allows for ten 6 minute top abstract presentations for award potential with 10 minutes of discussion)

Symposium 13 – Hip Arthroscopy

Moderator: Mr. Declan Bowler, *Bon Secours Health System*

10:15 am – 10:25 am Technique and Portal Anatomy
Mr. Declan Bowler, Bon Secours Health System

10:25 am – 10:35 am Cartilage Preservation in Hip Impingement
Vonda J. Wright, MD, Northside Hospital

10:35 am – 10:45 am Arthroscopic Treatment of Impingement Lesions
Benjamin Domb, MD, American Hip Institute

10:45 am – 10:55 am Arthroscopic Treatment of Peri-trochanteric Pathology
Ricardo J. Rodriguez, MD, Baton Rouge Orthopaedic Clinic

10:55 am – 11:10 am Discussion/Case Presentations

11:10 am – 11:25 am *Refreshment Break*

Symposium 14 – Women in Orthopaedics

Moderator: TBD

11:25 am – 12:00 pm

General Session 5 - Presidential Guest Speaker/Awards/Passing of Gavel

Moderator: Frederick C. Flandry, MD, *The Hughston Clinic*

12:00 pm – 12:30 pm Retiring from the Active Practice of Orthopaedics
COL (Ret) Carlton G. Savory, MD, FACS, The Hughston Clinic

12:30 pm – 1:15 pm COS Business Meeting