COS Tentative Scientific Program
September 26-29, 2018
Sheraton Austin Hotel at the Capitol
Austin, TX
(Presenters and times are subject to change.)

**Wednesday, September 26**

1:00 pm – 5:00 pm  Meeting Registration
1:00 pm – 5:00 pm  Exhibit Setup
1:00 pm – 6:00 pm  Resident Review Course  
   Moderators: Frank J. Frassica, MD, Medstar Health

**Thursday, September 27**

6:30 am – 4:45 pm  Meeting Registration
7:00 am – 7:05 am  Welcome and Opening Remarks  
   George W. Brindley, MD, Texas Tech University, President

**Symposium 1 - Foot and Ankle**
Moderator:  J. Speight Grimes, MD, Texas Tech Orthopaedics

7:10 am – 7:25 am  Traumatic Injury of Midfoot  
   John S. Early, MD, Texas Orthopaedic Associates

7:25 am – 7:40 am  The Effects of Achilles Contractures  
   James R. Jastifer, MD, Borgess Medical Center

7:40 am – 7:55 am  Stress Fractures of Foot and Ankle  
   James A. Nunley II, MD, Duke University Medical Center

7:55 am – 8:15 am  Case Presentations

**Symposium 2 – Adult Reconstruction**
Moderator:  Jordan B. Simpson, MD, Texas Tech University

8:20 am – 8:35 am  Innovations in Prevention and Treatment of Periprosthetic Joint Infection  
   Kenneth B. Mathis, MD, University of Texas Health Science Center
8:35 am – 8:50 am  Outpatient Arthroplasty… Where are we Now?  
  *Michael P. Bolognesi, MD, Duke University Medical Center*  
  *Presidential Guest Speaker*

8:50 am – 9:05 am  Shoulder (and Hip) Arthroplasty. The Final Problem  
  *Robert H. Cofield, MD, Mayo Clinic*  
  *Elmer Nix Award Recipient*

9:05 am – 9:25 am  Case Presentations

9:25 am – 9:45 am  **BREAK—Please Visit Exhibits**

**Guest Speaker Session 1**  
*Moderator:*  George W. Brindley, MD, *Texas Tech University*

9:45 am – 9:50 am  Introduction  
  *George W. Brindley, MD, Texas Tech University*

9:50 am – 10:15 am  The Best Portion of a Good Man's Life  
  *Michael J. Collins, MD, Hinsdale Orthopaedics*

**Rapid Fire Sessions 1A - 1D**  
*Moderators:*  John E. Garber, MD, *Witham Orthopaedics Associates*  
  J. Speight Grimes, MD, *Texas Tech Orthopaedics*  
  Jordan B. Simpson, MD, *Texas Tech University*  
  Russell A. Ward, MD, *Baylor Scott & White Health*

10:20 am – 10:50 am  Abstract Presentations

10:50 am – 11:10 am  **BREAK—Please Visit Exhibits**

**Special Presentation**

11:10 am – 11:25 am  ABOS Update  
  *David F. Martin, MD, Wake Forest University*

**Symposium 3 – Pediatric Orthopaedics**  
*Moderator:*  Cody R. Beaver, MD, *Texas Tech University*

11:30 am – 11:45 am  Pediatric Infection Update  
  *William C. Warner, MD, University of Tennessee/Campbell Clinic*

11:45 am – 12:00 pm  Slipped Capital Femoral Epiphysis  
  *David W. Gray, MD, Cooks Children’s Medical Center*

12:00 pm – 12:15 pm  Staying Out of Trouble in Pediatric Orthopedic Trauma
Christopher D. Souder, MD, Texas A&M/Baylor Scott & White Health

12:15 pm – 12:30 pm  Case Presentations

12:30 pm – 1:30 pm  **Focused Lunch Presentation**  
*CME Credit Not Available

**Symposium 4 - Musculoskeletal Oncology**  
**Moderator:**  Russell A. Ward, MD, Baylor Scott & White Health

1:35 pm – 1:55 pm  The Role of the Orthopaedic Oncologist as an Educator  
*Frank J. Frassica, MD, Medstar Health  
Presidential Guest Speaker*

1:55 pm – 2:10 pm  Point-Counterpoint: Should General Orthopedic Surgeons Manage Metastatic Bone Disease  
*Rajiv Rajani, MD, The University of Texas Health Science Center at San Antonio*

2:10 pm – 2:25 pm  Applications of Pro-Dense Bone Graft Substitute in Benign Bone Tumors  
*Ronald P. Williams, MD, Texas Oncology*

2:25 pm – 2:45 pm  Case Presentations

**Rapid Fire Sessions 2A - 2D**  
**Moderators:**  Cody R. Beaver, MD, Texas Tech University  
Michael J. Collins, MD, Hinsdale Orthopaedics  
David F. Martin, MD, Wake Forest University  
William C. Warner, MD, University of Tennessee/Campbell Clinic

2:50 pm – 3:25 pm  Abstract Presentations

3:25 pm – 3:45 pm  **BREAK—Please Visit Exhibits**

**Guest Speaker Session 2**  
**Moderator:**  George W. Brindley, MD, Texas Tech University

3:45 pm – 3:50 pm  Introduction of Dr. and Mrs. J. Elmer Nix Presentation and Lecture  
*George W. Brindley, MD, Texas Tech University*

3:50 pm – 4:20 pm  Breadth of Professional Experiences  
*Robert H. Cofield, MD, Mayo Clinic  
Elmer Nix Award Recipient*
4:20 pm – 4:45 pm  Live Patient Presentation

**Friday, September 28**

6:30 am – 4:30 pm  Meeting Registration

7:00 am – 7:05 am  Announcements  
*George W. Brindley, MD, Texas Tech University, President*

**Symposium 5 - Total Joint Indications/Outcomes**
Moderator:  George W. Brindley, MD, *Texas Tech University*

7:10 am – 7:25 am  Pre-Operative Patient Optimization for TJA in 2018  
*Micheal P. Bolognesi, MD, Duke University Medical Center*  
*Presidential Guest Speaker*

7:25 am – 7:40 am  Indications for Shoulder Arthroplasty. Fog & Flux  
*Robert H. Cofield, MD, Mayo Clinic*  
*Elmer Nix Award Recipient*

7:40 am – 7:55 am  The Evaluation of the Older Patients with a Destructive Bone Lesion: Evaluation Strategy  
*Frank J. Frassica, MD, Medstar Health*  
*Presidential Guest Speaker*

7:55 am – 8:25 am  Case Presentations

**Guest Speaker Session 3**
Moderator:  George W. Brindley, MD, *Texas Tech University*

8:30 am – 8:50 am  Non-Clinical Ways to Become a Better Clinician  
*Micheal J. Collins, MD, Hinsdale Orthopaedics*  
*Presidential Guest Speaker*

**Resident Papers Session 1**
Moderator:  Cyrus T. Caroom, MD, *Texas Tech University*

8:55 am – 9:45 am  Abstract Presentations

9:45 am – 10:05 am  **BREAK—Please Visit Exhibits**

**Rapid Fire Sessions 3A - 3D**
Moderators:  Bess E. Brackett, MD, *Sutter Health*  
Elizabeth Polfer, MD, *William Beaumont Army Medical Center*  
Ramon F. Rodriguez, MD, *Tulane University*
Ricardo J. Rodriguez, MD, Baton Rouge Orthopaedic Clinic, LLC

10:05 am – 10:40 am Abstract Presentations

Guest Speaker Session 4
Moderator: George W. Brindley, MD, Texas Tech University

10:45 am – 10:50 am Introduction of Guest Speaker
George W. Brindley, MD, Texas Tech University

10:50 am – 11:10 am Metal on Metal Total Hip Arthroplasty: Have we Learned from this Experience?
Michael P. Bolognesi, MD, Duke University Medical Center
Presidential Guest Speaker

11:10 am – 11:30 am BREAK—Please Visit Exhibits

Symposium 6 – Medical Pearls
Moderator: George W. Brindley, MD, Texas Tech University

11:35 am – 11:50 am Targeted Muscular Reinnervation: Re-evaluating Phantom Pain and Prosthetics in Amputees
Desirae M. McKee, MD, Texas Tech Orthopedics

11:50 am – 12:10 pm Management of Chronic Tendinopathy – Is a Breakthrough at Hand?
Bernard F. Morrey, MD, Mayo Clinic

12:10 pm – 12:20 pm Things That Matter Most – How Can You Tell?
Bernard F. Morrey, MD, Mayo Clinic

12:20 pm – 12:35 pm Effective Relationships with a Hospital?: Perspectives of a Hospital CEO
James Patrick Murray, CEO, PMH-LTC, Inc.

12:35 pm – 1:35 pm Focused Lunch Presentation
*CME Credit Not Available

Symposium 7 – Trauma
Moderator: Cyrus T. Caroom, MD, Texas Tech University

1:40 pm – 1:55 pm New Technology in Orthopedic Trauma Implants: Technology over Reason?
Robert Harris, MD, The Hughston Clinic

1:55 pm – 2:10 pm PTSD after Ortho Trauma
Adam J. Starr, MD, UT Southwestern

2:10 pm – 2:25 pm  Imperative Knowledge for Treating Patients with Pelvic and Acetabular Injuries  
*Milton “Chip” Routt Jr., MD, University of Texas Health Science Center*

2:25 pm – 2:55 pm  Case Presentations

2:55 pm – 3:15 pm  **BREAK—Please Visit Exhibits**

**Resident Papers Session 2**
Moderator: Frederick C. Flandry, MD, FACS, The Hughston Clinic

3:15 pm – 3:40 pm  Abstract Presentations

**Guest Speaker Session 5**
Moderator: George W. Brindley, MD, Texas Tech University

3:45 pm – 4:05 pm  Decision-Making in Soft Tissue Tumors  
*Frank J. Frassica, MD, Medstar Health  
Presidential Guest Speaker*

4:05 pm – 4:25 pm  Live Patient Presentation

**Rapid Fire Session 4A – 4D**
Moderators: Cyrus T. Caroom, MD, Texas Tech University  
Frederick C. Flandry, MD, FACS, The Hughston Clinic  
Robert Harris, MD, The Hughston Clinic  
James A. Slough, MD, Excelsior Orthopaedics

4:30 pm – 5:00 pm  Abstract Presentations

5:00 pm – 6:00 pm  Multimedia Education Session

**Saturday, September 29**

6:30 am – 12:30 pm  **Meeting Registration**

7:00 am – 7:05 am  **Introduction/Announcements**

**Symposium 8 - Hand Surgery**
Moderator: Brendan J. MacKay, MD, Texas Tech University
7:10 am – 7:30 am  Distal Radius Fractures: Beyond the Volar Locking Plate  
*James M. Saucedo, MD, The Hand Center of San Antonio*

7:30 am – 7:45 am  Use of Intramedullary Screw Fixation for Metacarpal Fracture: Evolution and Expanding Indications  
*David E. Ruchelsman, MD, FAAOS, Newton-Wellesley Hospital*

7:45 am – 8:00 am  Free Vascularized Fibular Graft: Technique and Applications  
*Douglas Fornfeist, MD, Baylor Scott & White*

8:00 am – 8:25 am  Case Presentations

**Symposium 9 - Sports Medicine**  
Moderator: Matthew Ferguson, MD, *Texas Tech University*

8:30 am – 8:45 am  Update on the Posterolateral Corner: Illuminating the Dark Side of the Knee  
*Dustin L. Richter, MD, University of New Mexico*

8:45 am – 9:00 am  Reliable Treatment for Popliteal Cysts. Lesson Learned the Hard Way  
*Robert E. Reeve, MD, Baylor Scott & White*

9:00 am – 9:15 am  ACL Reconstruction - Past, Present, and Future  
*Matthew D. Driscoll, MD, Austin Regional Clinic*

9:15 am – 9:35 am  Case Presentations

9:35 am – 9:55 am  **REFRESHMENT BREAK**

**Rapid Fire Session 5A – 5D**  
Moderators:  
Matthew Ferguson, MD, *Texas Tech University*  
Brendan J. MacKay, MD, *Texas Tech University*  
J. Randall Riehl, MD, *Decatur Orthopaedic Clinic*

9:55 am – 10:35 am  Abstract Presentations

**Resident Papers Session 3**  
Moderator:  
Frederick C. Flandry, MD, FACS, *The Hughston Clinic*  
Robert M. Peroutka, MD, *Rubin Institute of Advanced Orthopedics, Center for Joint Preservation and Replacement*

10:40 am – 11:50 am  Abstract Presentations

**Presidential Address / Passing of the Gavel Session / Awards**  
11:50 am – 12:10 pm  What Have I Learned?
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<tr>
<th>Time</th>
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<tr>
<td>12:15 pm - 12:30 pm</td>
<td>Membership &amp; Business Meeting</td>
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