

Wednesday, September 26

1:00 pm – 5:00 pm	COS Board of Directors Meeting
1:00 pm – 5:00 pm	Meeting Registration
1:00 pm – 5:00 pm	Exhibit Setup
Resident Review Course Moderator: Frank J. Frassica, MD, Medstar Health	
1:00 pm – 6:00 pm	Presentations

Thursday, September 27

6:30 am – 7:00 am	Breakfast
6:30 am – 4:15 pm	Meeting Registration
7:00 am – 7:05 am	Welcome and Opening Remarks George W. Brindley, MD, Texas Tech University, President

Symposium 1 – Foot and Ankle

Moderator: J. Speight Grimes, MD, Texas Tech Orthopaedics

7:10 am – 7:25 am	Traumatic Injury of Midfoot John S. Early, MD, Texas Orthopaedic Associates
7:25 am – 7:40 am	The Effects of Achilles Contractures James R. Jastifer, MD, Borgess Medical Center
7:40 am – 7:55 am	Stress Fractures of Foot and Ankle James A. Nunley II, MD, Duke University Medical Center
7:55 am – 8:15 am	Case Presentations

Symposium 2 – Adult Reconstruction

Moderator: Jordan B. Simpson, MD, Texas Tech University

8:20 am – 8:35 am	Innovations in Prevention and Treatment of Periprosthetic Joint Infection Kenneth B. Mathis, MD, University of Texas Health Science Center
8:35 am – 8:50 am	Outpatient Arthroplasty... Where are We Now? Michael P. Bolognesi, MD, Duke University Medical Center <i>Presidential Guest Speaker</i>
8:50 am – 9:05 am	Shoulder (and Hip) Arthroplasty. The Final Problem Robert H. Cofield, MD, Mayo Clinic <i>Elmer Nix Award Recipient</i>
9:05 am – 9:25 am	Case Presentations

9:25 am – 9:45 am	BREAK—Please Visit Exhibits
Guest Speaker Session 1 Moderator: George W. Brindley, MD, Texas Tech University	

9:45 am – 9:50 am	Introduction George W. Brindley, MD, Texas Tech University
9:50 am – 10:15 am	The Best Portion of a Good Man’s Life Michael J. Collins, MD, Hinsdale Orthopaedics

Rapid Fire Sessions 1A – 1D

Moderators: John E. Garber, MD, Witham Orthopaedics Associates, J. Speight Grimes, MD, Texas Tech Orthopaedics, Jordan B. Simpson, MD, Texas Tech University & Russell A. Ward, MD, Baylor Scott & White Health

10:20 am – 10:50 am	Abstract Presentations & Discussion
10:50 am – 11:10 am	BREAK—Please Visit Exhibits
Special Presentation	
11:10 am – 11:25 am	ABOS Update David F. Martin, MD, Wake Forest University

Symposium 3 – Pediatric Orthopaedics

Moderator: Cody R. Beaver, MD, Texas Tech University

11:30 am – 11:45 am	Pediatric Infection Update William C. Warner, MD, University of Tennessee/Campbell Clinic
11:45 am – 12:00 pm	Slipped Capital Femoral Epiphysis David W. Gray, MD, Cooks Children’s Medical Center
12:00 pm – 12:15 pm	Staying Out of Trouble in Pediatric Orthopedic Trauma Christopher D. Souder, MD, Texas A&M/Baylor Scott & White Health

Symposium 4 - Musculoskeletal Oncology

Moderator: Russell A. Ward, MD, Baylor Scott & White Health

1:35 pm – 1:55 pm	The Role of the Orthopaedic Oncologist as an Educator Frank J. Frassica, MD, Medstar Health <i>Presidential Guest Speaker</i>
1:55 pm – 2:10 pm	Point-Counterpoint: Should General Orthopaedic Surgeons Manage Metastatic Bone Disease Rajiv Rajani, MD, The University of Texas Health Science Center at San Antonio
2:10 pm – 2:25 pm	Applications of Pro-Dense Bone Graft Substitute in Benign Bone Tumors Ronald P. Williams, MD, Texas Oncology

2:25 pm – 2:45 pm	Case Presentations
Rapid Fire Sessions 2A - 2D Moderators: Cody R. Beaver, MD, Texas Tech University, Michael J. Collins, MD, Hinsdale Orthopaedics, David F. Martin, MD, Wake Forest University & William C. Warner, MD, University of Tennessee/Campbell Clinic	
2:50 pm – 3:25 pm	Abstract Presentations & Discussion
3:25 pm – 3:45 pm	BREAK—Please Visit Exhibits
Guest Speaker Session 2 Moderator: George W. Brindley, MD, Texas Tech University	
3:45 pm – 3:50 pm	Introduction of Dr. and Mrs. J. Elmer Nix Presentation and Lecture George W. Brindley, MD, Texas Tech University

3:50 pm – 4:20 pm	Breadth of Professional Experiences Robert H. Cofield, MD, Mayo Clinic <i>Elmer Nix Award Recipient</i>
4:20 pm – 4:45 pm	Live Patient Presentation
4:45 pm – 6:00 pm	President’s Welcome Reception with Exhibitors
6:15 pm	Dine Around
8:00 pm – 8:30 pm	Resident Reception
8:30 pm – 10:00 pm	COS Private Concert: Special Guests Terri Hendrix and Lloyd Maines

Friday, September 28

6:30 am – 7:00 am	Breakfast
6:30 am – 4:30 pm	Meeting Registration
7:00 am – 7:05 am	Announcements George W. Brindley, MD, Texas Tech University, COS President

Symposium 5 - Total Joint Indications/Outcomes

Moderator: George W. Brindley, MD, Texas Tech University

7:10 am – 7:25 am	Pre-Operative Patient Optimization for TJA in 2018 Michael P. Bolognesi, MD, Duke University Medical Center <i>Presidential Guest Speaker</i>
7:25 am – 7:40 am	Indications for Shoulder Arthroplasty. Fog & Flux Robert H. Cofield, MD, Mayo Clinic <i>Elmer Nix Award Recipient</i>
7:40 am – 7:55 am	The Evaluation of the Older Patients with a Destructive Bone Lesion: Evaluation Strategy Frank J. Frassica, MD, Medstar Health <i>Presidential Guest Speaker</i>
7:55 am – 8:25 am	Case Presentations

Guest Speaker Session 3

Moderator: George W. Brindley, MD, Texas Tech University

8:30 am – 8:50 am	Non-Clinical Ways to Become a Better Clinician Michael J. Collins, MD, Hinsdale Orthopaedics
Resident Papers Session 1 Moderator: Cyrus T. Caroom, MD, Texas Tech University	
8:55 am – 9:45 am	Abstract Presentations & Discussion
9:45 am – 10:05 am	BREAK—Please Visit Exhibits
Rapid Fire Sessions 3A – 3D Moderators: Bess E. Brackett, MD, Sutter Health, Elizabeth Polfer, MD, William Beaumont Army Medical Center, Ramon F. Rodriguez, MD, Tulane University & Ricardo J. Rodriguez, MD, Baton Rouge Orthopaedic Clinic, LLC	
10:05 am – 10:40 am	Abstract Presentations & Discussion

Guest Speaker Session 4

Moderator: George W. Brindley, MD, Texas Tech University

10:45 am – 10:50 am	Introduction of Guest Speaker George W. Brindley, MD, Texas Tech University
10:50 am – 11:10 am	Metal on Metal Total Hip Arthroplasty: Have We Learned from this Experience? Michael P. Bolognesi, MD, Duke University Medical Center <i>Presidential Guest Speaker</i>
11:10 am – 11:30 am	BREAK—Please Visit Exhibits

Symposium 6 – Medical Pearls

Moderator: George W. Brindley, MD, Texas Tech University

11:35 am – 11:50 am	Targeted Muscular Reinnervation: Re-evaluating Phantom Pain and Prosthetics in Amputees Desirae M. McKee, MD, Texas Tech Orthopedics
11:50 am – 12:10 pm	Management of Chronic Tendinopathy – Is a Breakthrough at Hand? Bernard F. Morrey, MD, Mayo Clinic
12:10 pm – 12:20 pm	Things That Matter Most – How Can You Tell? Bernard F. Morrey, MD, Mayo Clinic
12:20 pm – 12:35 pm	Effective Relationships with a Hospital?: Perspectives of a Hospital CEO James Patrick Murray, CEO, PMH-LTC, Inc.

12:35 pm – 1:35 pm

Focused Lunch Presentation

*CME Credit Not Available

Symposium 7 – Trauma

Moderator: Cyrus T. Caroom, MD, Texas Tech University

1:40 pm – 1:55 pm	New Technology in Orthopaedic Trauma Implants: Technology over Reason? Robert Harris, MD, The Hughston Clinic
1:55 pm – 2:10 pm	PTSD after Ortho Trauma Adam J. Starr, MD, UT Southwestern
2:10 pm – 2:25 pm	Imperative Knowledge for Treating Patients with Pelvic and Acetabular Injuries Milton “Chip” Routt Jr., MD, University of Texas Health Science Center
2:25 pm – 2:55 pm	Case Presentations
2:25 pm – 3:15 pm	BREAK—Please Visit Exhibits
Resident Papers Session 2 Moderator: Frederick C. Flandry, MD, FACS, The Hughston Clinic	
3:15 pm – 3:40 pm	Abstract Presentations & Discussion

Guest Speaker Session 5

Moderator: George W. Brindley, MD, Texas Tech University

3:45 pm – 4:05 pm	Decision-Making in Soft Tissue Tumors Frank J. Frassica, MD, Medstar Health <i>Presidential Guest Speaker</i>
4:05 pm – 4:25 pm	Live Patient Presentation
Rapid Fire Session 4A – 4D Moderators: Cyrus T. Caroom, MD, Texas Tech University, Frederick C. Flandry, MD, FACS, The Hughston Clinic, Robert Harris, MD, The Hughston Clinic & James A. Slough, MD, Excelsior Orthopaedics	
4:30 pm – 5:00 pm	Abstract Presentations & Discussion
5:00 pm – 6:00 pm	Multimedia Education Session
6:30 pm	Dine Around
8:30 pm – 10:00 pm	The “COGs” Concert: Featuring George Brindley, MD

Saturday, September 29

6:30 am – 7:00 am	Breakfast
6:30 am – 12:30 pm	Meeting Registration
7:00 am – 7:05 am	Introduction/Announcements
Symposium 8 – Hand Surgery Moderator: Brendan J. MacKay, MD, Texas Tech University	

7:10 am – 7:30 am	Distal Radius Fractures: Beyond the Volar Locking Plate James M. Saucedo, MD, The Hand Center of San Antonio
7:30 am – 7:45 am	Use of Intramedullary Screw Fixation for Metacarpal Fracture: Evolution and Expanding Indications David E. Ruchelsman, MD, FAAOS, Newton-Wellesley Hospital

7:45 am – 8:00 am	Free Vascularized Fibular Graft: Technique and Applications Douglas Fornfeist, MD, Baylor Scott & White
8:00 am – 8:25 am	Case Presentations

Symposium 9 – Sports Medicine

Moderator: Matthew Ferguson, MD, Texas Tech University

8:30 am – 8:45 am	Update on the Posterolateral Corner: Illuminating the Dark Side of the Knee Dustin L. Richter, MD, University of New Mexico
8:45 am – 9:00 am	Reliable Treatment for Popliteal Cysts. Lesson Learned the Hard Way Robert E. Reeve, MD, Baylor Scott & White
9:00 am – 9:15 am	ACL Reconstruction - Past, Present, and Future Matthew D. Driscoll, MD, Austin Regional Clinic
9:15 am – 9:35 am	Case Presentations
9:35 am – 9:55 am	REFRESHMENT BREAK

Rapid Fire Session 5A – 5D

Moderators: Matthew Ferguson, MD, Texas Tech University, Brendan J. MacKay, MD, Texas Tech University & J. Randall Riehl, MD, Decatur Orthopaedic Clinic

9:55 am – 10:35 am	Abstract Presentations & Discussion
Resident Papers Session 3 Moderator:Frederick C. Flandry, MD, FACS, The Hughston Clinic & Robert M. Peroutka, MD, Rubin Institute of Advanced Orthopedics, Center for Joint Preservation and Replacement	
10:40 am – 11:50 am	Abstract Presentations & Discussion

Presidential Address / Passing of the Gavel Session / Awards

11:50 am – 12:10 pm	What Have I Learned? George W. Brindley, MD, Texas Tech University, COS President
12:15 pm – 12:30 pm	Membership & Business Meeting

Social Events

For more details, view the Social Program online at www.cosociety.org/annual-meeting

Thursday, September 27

Spouse/Guest Hospitality Breakfast
Join your friends and meet new ones while enjoying a continental breakfast in the Exhibit Hall.
Price: Included in Registration Fee

Austin Food Tour
Registered spouses/guests are welcome to participate in our exclusive Food Tour. Eat and drink like a local by discovering the very best of what Austin has to offer. A savvy Austinite guides your party on an engaging culinary journey to 5 local eateries with the best Austin food, drinks and desserts.
Price: \$25 per registered guest



President’s Welcome Reception with Exhibitors
Before you go to dinner, start your evening off with drinks and hors d’oeuvres with COS.
Price: Included in Registration Fee

Dine Around
Join your colleagues for a night of dining at one of the four reserved restaurants in Austin. COS has made all the arrangements for you.. Just sign up on-site at registration with your friends and enjoy! Choose between Eddie V’s Prime Seafood, Chez Nous (French), Searsucker (American), and Vespaio Restaurant (Italian). This is an event to be enjoyed independently, and each individual will be responsible for their own bill.

Resident Reception
Residents, enjoy your favorite beverage with the COS Board before the concert.
Price: Included in Registration Fee

Private Outdoor Concert Featuring Terri Hendrix & Lloyd Maines
Join us for a night of music under the stars!
Price: Included in Registration Fee



Friday, September 28

Spouse/Guest Hospitality Breakfast
Join your friends and meet new ones while enjoying a continental breakfast in the Exhibit Hall.
Price: Included in Registration Fee

Dine Around
Join your colleagues for a night of dining at one of the four reserved restaurants in Austin. COS has made all the arrangements for you.. Just sign up on-site at registration with your friends and enjoy! Choose between Eddie V’s Prime Seafood, Chez Nous (French), Searsucker (American), and Vespaio Restaurant (Italian). This is an event to be enjoyed independently, and each individual will be responsible for their own bill.

The COGs Concert with George Brindley, MD
Join us for an evening of music with the COGs, led by President George Brindley!
Price: Included in Registration Fee

Saturday, September 29

Spouse/Guest Hospitality Breakfast
Join your friends and meet new ones while enjoying a continental breakfast.
Price: Included in Registration Fee

