COS Scientific Program
September 13-16, 2017
Crowne Plaza Union Station, Indianapolis, IN
(Presenters and times are subject to change.)

Wednesday, September 13

12:00 pm – 5:00 pm  Registration

12:00 pm – 5:00 pm  Board Meeting

Thursday, September 14

6:30 am – 7:30 am  Multimedia Education Session

6:30 am – 7:30 am  Breakfast with Exhibitors

6:30 am – 3:00 pm  Registration

7:30 am – 7:40 am  Welcome and Opening Remarks
   John E. Garber, MD, President

Symposium 1
Moderator:  John E. Garber, MD, Witham Orthopedics Associates

7:40 am – 8:10 am  Indianapolis 500 and Evolution of Driver Safety
   J. Douglas Boles, President, Indianapolis Motor Speedway

8:10 am – 8:40 am  Cervical Myelopathy
   Richard C. Sasso, MD, North Meridian Surgery Center

8:40 am – 9:10 am  Stretching with a Purpose
   David Craig, LAT ATC, Former Indiana Pacers Trainer

9:10 am – 9:20 am  Discussion

9:20 am – 9:40 am  BREAK—Please visit Exhibits

Symposium 2A
Moderator:  James A. Slough, MD, Excelsior Orthopaedics

9:40 am – 10:10 am  Trauma
   Renn J. Crichlow, MD, OrthoIndy Trauma
10:10 am – 10:40 am  Throwing Injuries
Arthur C. Rettig, MD, Indianapolis Colts Orthopaedist/Methodist Sports Medicine

10:40 am – 10:45 am  Discussion

Rapid Fire Sessions 1A-D

10:50 am – 11:20 am  (This time will allow for 6, 4 minute abstracts with 2, 3 minute discussions for each session)

11:20 am – 11:40 am  BREAK—Please visit Exhibits

Symposium 2B
Moderator: James A. Slough, MD, Excelsior Orthopaedics

11:40 am – 12:10 pm  Massive Cuff Tear: Alternatives to Reverse Shoulder Arthroplasty
John D. Kelly IV, MD, Presidential Guest Speaker, University of Pennsylvania

12:10 pm – 12:40 pm  Superior Capsular Reconstruction
Brian L. Badman, MD, American Health Network

12:40 pm – 12:45 pm  Discussion

12:45 pm – 1:45 pm  COS Luncheon

Symposium 3
Moderator: Bess E. Brackett, MD, Sutter Health

1:45 pm – 2:15 pm  Astro Orthopaedics
Melissa A. Kacena, PhD, NASA Consultant/Indiana University School of Medicine, Presidential Guest Speaker

2:15 pm – 2:45 pm  Recent Advances in the Pediatric Hip
Randall T. Loder, MD, Indiana University Health

2:45 pm – 3:15 pm  Patient Presentation
Randall T. Loder, MD, Indiana University Health

3:15 pm – 3:25 pm  Discussion

3:25 pm – 3:45 pm  BREAK—Please visit Exhibits

Symposium 4
Moderator: George W. Brindley, MD, Texas Tech University Health Sciences Center
3:45 pm – 4:15 pm  Physician Personal Finance: Knowledge to Avoid Mistakes  
*John Wortman, CFP and J.P. Wyand, CFP, Valeo Financial Advisors*

4:15 pm – 4:45 pm  History of the Clinical Orthopaedic Society  
*Bess E. Brackett, MD, Sutter Health and E. Boone Brackett, MD, iTriage*

4:45 pm – 5:15 pm  Advocacy in Orthopaedics  
*James A. Slough, MD, Excelsior Orthopaedics*

5:15 pm – 5:25 pm  Discussion

5:25 pm – 6:25 pm  Multimedia Education Session

Friday, September 15

6:00 am – 7:45 am  Multimedia Education Session

7:00 am – 4:00 pm  Registration

7:00 am – 7:30 am  Breakfast with Exhibitors

**General Session 1: Resident Papers**  
**Moderator:** Ramon J. Rodriguez, MD, *Baton Rouge Orthopaedic Clinic, LLC*

7:30 am – 8:30 am  Resident Papers with Discussion (This time will allow for 8, 6 Minute abstracts)

8:30 am – 8:50 am  **BREAK—Please visit Exhibits**

**Symposium 5**  
**Moderator:** John Dorris III, MD, *Athens Bone & Joint Orthopedic Clinic*

8:50 am – 9:20 am  Management of Musculoskeletal Tumors  
*L. Daniel Wurtz, MD, University Orthopaedics Associates*

9:20 am – 9:50 am  Orthopaedic Injuries and Complications of the Civil War  
*Fred Schaefer, CSFA-OS, OrthoIndy*
9:50 am – 10:20 am   Anterior Hip Arthroplasty in Obese Patients  
*Gregory P. McComis MD, North Point Orthopaedics*

10:20 am – 10:30 am   Discussion

10:30 am – 10:50 am   BREAK—Please visit Exhibits

**Rapid Fire Sessions 2A-D**

10:50 am – 11:20 am   (This time will allow for 6, 4 minute abstracts with 2, 3 minute discussions)

**Symposium 6A**  
**Moderator:** John E. Garber MD, *Witham Orthopaedic Associates*

11:20 am – 11:55 am   Dr. and Mrs. J. Elmer Nix Presentation and Lecture  
*Operation Walk*  
*Wesley G. Lackey, MD, Midwest Center for Joint Replacement*

11:55 am – 12:55 pm   **COS Luncheon**

**Symposium 6B**  
**Moderator:** John E. Garber MD, *Witham Orthopaedic Associates*

12:55 pm – 1:25 pm   How to Stay Energized for a Career in Orthopaedic Surgery  
*John D. Kelly IV MD, Presidential Guest Speaker, University of Pennsylvania*

1:25 pm – 1:55 pm   Non-operative Treatment of Knee Osteoarthritis and Rehabilitation after Total Knee Surgery  
*K. Donald Shelbourne, MD, Shelbourne Knee Center*

1:55 pm – 2:05 pm   Discussion

2:05 am – 2:20 am   BREAK—Please visit Exhibits

**Symposium 7**  
**Moderator:** J. Randall Riehl, MD, *Decatur Orthopaedic Clinic*

2:20 pm – 2:50 pm   Infection Management in Total Knee Arthroplasty and Total Hip Arthroplasty: A 2016 Update  
*Lucian C. Warth, MD, Indiana University Health*

2:50 pm – 3:20 pm   Arthroscopic Abductor Tendon Repair  
*Ricardo J. Rodriguez, MD, Baton Rouge Orthopaedic Clinic, LLC*
3:20 pm – 3:50 pm       Successful Implementation of a Reduced Opioid Program for Total Joint Replacement
Stephen F. Mitros, MD, Mitros Orthopaedics

3:50 pm – 4:00 pm       Discussion

General Session 2 - Digital Posters

4:00 pm – 6:00 pm       Digital Poster Presentations
6:00 pm – 7:00 pm       Multimedia Education Session

Saturday, September 16

7:00 am – 8:15 am       Multimedia Education Session

7:45 am – 8:15 am       Continental Breakfast

7:45 am – 12:00 pm      Registration

General Session 3 - Resident Papers
Moderator: Ramon J. Rodriguez, MD, Baton Rouge Orthopaedic Clinic, LLC

8:15 am – 9:05 am       Resident Papers (This time will allow for 8, 6 Minute abstracts)

Symposium 8
Moderator: Ramon J. Rodriguez, MD, Baton Rouge Orthopaedic Clinic, LLC

9:15 am – 9:45 am       Risks of Anemia vs. Transfusion in Orthopaedic Trauma Patients / Brian H. Mullis, MD, Indiana University School of Medicine

9:45 am – 10:15 am      Patient Presentation
Brian H. Mullis, MD, Indiana University School of Medicine

10:15 am – 10:45 am     Osteoporosis Management
Emily Frank, MD, Location

10:45 am – 10:55 am     Discussion

10:55 am – 11:05 am     REFRESHMENT BREAK

Symposium 9
Moderator: John E. Garber MD, Witham Orthopaedic Associates

11:05 am – 11:35 am     Ankle Fractures—Syndesmosis Injuries in the Athlete
David Porter, MD, Methodist Sports Medicine

11:35 am – 12:00 pm  Clinical Orthopaedic Society Annual Membership and Business Meeting  
                        Speaker

12:00 pm – 12:15 pm  Presidential Address / Passing of the Gavel / Adjournment  
                        John E. Garber MD, Witham Orthopaedic Associates