

COS Scientific Program
September 13-16, 2017
Crowne Plaza Union Station, Indianapolis, IN
(Presenters and times are subject to change.)

Wednesday, September 13

12:00 pm – 5:00 pm **Registration**

12:00 pm – 5:00 pm **Board Meeting**

Thursday, September 14

6:30 am – 7:30 am **Multimedia Education Session**

6:30 am – 7:30 am **Breakfast with Exhibitors**

6:30 am – 3:00 pm **Registration**

7:30 am – 7:40 am **Welcome and Opening Remarks**
John E. Garber, MD, President

Symposium 1

Moderator: John E. Garber, MD, *Witham Orthopedics Associates*

7:40 am – 8:10 am Indianapolis 500 and Evolution of Driver Safety
J. Douglas Boles, President, Indianapolis Motor Speedway

8:10 am – 8:40 am Cervical Myelopathy
Richard C. Sasso, MD, North Meridian Surgery Center

8:40 am – 9:10 am Stretching with a Purpose
David Craig, LAT ATC, Former Indiana Pacers Trainer

9:10 am – 9:20 am Discussion

9:20 am – 9:40 am ***BREAK—Please visit Exhibits***

Symposium 2A

Moderator: James A. Slough, MD, *Excelsior Orthopaedics*

9:40 am – 10:10 am Trauma
Renn J. Crichlow, MD, OrthoIndy Trauma

10:10 am – 10:40 am Throwing Injuries
Arthur C. Rettig, MD, Indianapolis Colts Orthopaedist/ Methodist Sports Medicine

10:40 am – 10:45 am Discussion

Rapid Fire Sessions 1A-D

10:50 am – 11:20 am (This time will allow for 6, 4 minute abstracts with 2, 3 minute discussions for each session)

11:20 am – 11:40 am ***BREAK—Please visit Exhibits***

Symposium 2B

Moderator: James A. Slough, MD, *Excelsior Orthopaedics*

11:40 am – 12:10 pm Massive Cuff Tear: Alternatives to Reverse Shoulder Arthroplasty
John D. Kelly IV, MD, Presidential Guest Speaker, University of Pennsylvania

12:10 pm – 12:40 pm Superior Capsular Reconstruction
Brian L. Badman, MD, American Health Network

12:40 pm – 12:45 pm Discussion

12:45 pm – 1:45 pm **COS Luncheon**

Symposium 3

Moderator: Bess E. Brackett, MD, *Sutter Health*

1:45 pm – 2:15 pm Astro Orthopaedics
Melissa A. Kacena, PhD, NASA Consultant/Indiana University School of Medicine, Presidential Guest Speaker

2:15 pm – 2:45 pm Recent Advances in the Pediatric Hip
Randall T. Loder, MD, Indiana University Health

2:45 pm – 3:15 pm Patient Presentation
Randall T. Loder, MD, Indiana University Health

3:15 pm – 3:25 pm Discussion

3:25 pm – 3:45 pm ***BREAK—Please visit Exhibits***

Symposium 4

Moderator: George W. Brindley, MD, *Texas Tech University Health Sciences Center*

3:45 pm – 4:15 pm	Physician Personal Finance: Knowledge to Avoid Mistakes <i>John Wortman, CFP and J.P. Wyand, CFP, Valeo Financial Advisors</i>
4:15 pm – 4:45 pm	History of the Clinical Orthopaedic Society <i>Bess E. Brackett, MD, Sutter Health and E. Boone Brackett, MD, iTriage</i>
4:45 pm – 5:15 pm	Advocacy in Orthopaedics <i>James A. Slough, MD, Excelsior Orthopaedics</i>
5:15 pm – 5:25 pm	Discussion
5:25 pm – 6:25 pm	Multimedia Education Session
5:30 pm – 7:00 pm	President’s Welcome Reception with Exhibitors
7:00 pm	Dine Around

Friday, September 15

6:00 am – 7:45 am	Multimedia Education Session
7:00 am – 4:00 pm	Registration
7:00 am – 7:30 am	Breakfast with Exhibitors

General Session 1: Resident Papers

Moderator: Ramon J. Rodriguez, MD, *Baton Rouge Orthopaedic Clinic, LLC*

7:30 am – 8:30 am	Resident Papers with Discussion (This time will allow for 8, 6 Minute abstracts)
8:30 am – 8:50 am	<i>BREAK—Please visit Exhibits</i>

Symposium 5

Moderator: John Dorris III, MD, *Athens Bone & Joint Orthopedic Clinic*

8:50 am – 9:20 am	Management of Musculoskeletal Tumors <i>L. Daniel Wurtz, MD, University Orthopaedics Associates</i>
9:20 am – 9:50 am	Orthopaedic Injuries and Complications of the Civil War <i>Fred Schaefer, CSFA-OS, OrthoIndy</i>

9:50 am – 10:20 am Anterior Hip Arthroplasty in Obese Patients
Gregory P. McComis MD, North Point Orthopaedics

10:20 am – 10:30 am Discussion

10:30 am – 10:50 am ***BREAK—Please visit Exhibits***

Rapid Fire Sessions 2A-D

10:50 am – 11:20 am (This time will allow for 6, 4 minute abstracts with 2, 3 minute discussions)

Symposium 6A

Moderator: John E. Garber MD, *Witham Orthopaedic Associates*

11:20 am – 11:55 am Dr. and Mrs. J. Elmer Nix Presentation and Lecture
Operation Walk
Wesley G. Lackey, MD, Midwest Center for Joint Replacement

11:55 am – 12:55 pm **COS Luncheon**

Symposium 6B

Moderator: John E. Garber MD, *Witham Orthopaedic Associates*

12:55 pm – 1:25 pm How to Stay Energized for a Career in Orthopaedic Surgery
John D. Kelly IV MD, Presidential Guest Speaker, University of Pennsylvania

1:25 pm – 1:55 pm Non-operative Treatment of Knee Osteoarthritis and Rehabilitation after Total Knee Surgery
K. Donald Shelbourne, MD, Shelbourne Knee Center

1:55 pm – 2:05 pm Discussion

2:05 am – 2:20 am ***BREAK—Please visit Exhibits***

Symposium 7

Moderator: J. Randall Riehl, MD, *Decatur Orthopaedic Clinic*

2:20 pm – 2:50 pm Infection Management in Total Knee Arthroplasty and Total Hip Arthroplasty: A 2016 Update
Lucian C. Warth, MD, Indiana University Health

2:50 pm – 3:20 pm Arthroscopic Abductor Tendon Repair
Ricardo J. Rodriguez, MD, Baton Rouge Orthopaedic Clinic, LLC

3:20 pm – 3:50 pm Successful Implementation of a Reduced Opioid Program for Total Joint Replacement
Stephen F. Mitros, MD, Mitros Orthopaedics

3:50 pm – 4:00 pm Discussion

General Session 2 - Digital Posters

4:00 pm – 6:00 pm **Digital Poster Presentations**

6:00 pm – 7:00 pm **Multimedia Education Session**

Saturday, September 16

7:00 am – 8:15 am **Multimedia Education Session**

7:45 am – 8:15 am **Continental Breakfast**

7:45 am – 12:00 pm **Registration**

General Session 3 - Resident Papers

Moderator: Ramon J. Rodriguez, MD, *Baton Rouge Orthopaedic Clinic, LLC*

8:15 am – 9:05 am Resident Papers (This time will allow for 8, 6
Minute abstracts)

Symposium 8

Moderator: Ramon J. Rodriguez, MD, *Baton Rouge Orthopaedic Clinic, LLC*

9:15 am – 9:45 am Risks of Anemia vs. Transfusion in Orthopaedic Trauma Patients /
Brian H. Mullis, MD, Indiana University School of Medicine

9:45 am – 10:15 am Patient Presentation
Brian H. Mullis, MD, Indiana University School of Medicine

10:15 am – 10:45 am Osteoporosis Management
Emily Frank, MD, Location

10:45 am – 10:55 am Discussion

10:55 am – 11:05 am **REFRESHMENT BREAK**

Symposium 9

Moderator: John E. Garber MD, *Witham Orthopaedic Associates*

11:05 am – 11:35 am Ankle Fractures—Syndesmosis Injuries in the Athlete

David Porter, MD, Methodist Sports Medicine

11:35 am – 12:00 pm

Clinical Orthopaedic Society Annual Membership and Business Meeting
Speaker

12:00 pm – 12:15 pm

Presidential Address / Passing of the Gavel / Adjournment
John E. Garber MD, Witham Orthopaedic Associates