

COS Scientific Program
September 13-16, 2017
Crowne Plaza Union Station, Indianapolis, IN
(Presenters and times are subject to change.)

Wednesday, September 13

12:00 pm – 5:00 pm **Registration**

12:00 pm – 5:00 pm **Board Meeting**

6:30 pm – 9:30 pm **President's Private Dinner**
Location – Skyline Club

Thursday, September 14

6:30 am – 7:30 am **Multimedia Education Session**

6:30 am – 7:30 am **Breakfast with Exhibitors**

6:30 am – 3:00 pm **Registration**

7:30 am – 7:40 am **Welcome and Opening Remarks**
John E. Garber, MD, President

Symposium 1 – Title

Moderator: John E. Garber, MD, *Witham Orthopedics Associates*

7:40 am – 8:10 am Indianapolis 500 and Evolution of Driver Safety
J. Douglas Boles, President, Indianapolis Motor Speedway

8:10 am – 8:40 am Cervical Myelopathy
Richard C. Sasso, MD, Indiana Spine Group

8:40 am – 9:10 am Stretching with a Purpose
David Craig, LAT ATC, Former Indiana Pacers Trainer

9:10 am – 9:20 am Discussion

9:20 am – 9:40 am ***BREAK—Please visit Exhibits***

Symposium 2A – Title

Moderator: James A. Slough, MD, *Excelsior Orthopaedics*

9:40 am – 10:10 am Trauma

Renn J. Crichlow, MD, OrthoIndy Trauma

10:10 am – 10:40 am Throwing Injuries
Arthur C. Rettig, MD, Indianapolis Colts Orthopaedist/ Methodist Sports Medicine

10:40 am – 10:45 am Discussion

Rapid Fire Sessions 1A-D – Topics

10:50 am – 10:54 am Abstract

10:54 am – 10:58 am Abstract

10:58 am – 11:02 am Abstract

11:02 am – 11:05 am Discussion

11:05 am – 11:09 am Abstract

11:09 am – 11:13 am Abstract

11:13 am – 11:17 am Abstract

11:17 am – 11:20 am Discussion

11:20 am – 11:40 am ***BREAK—Please visit Exhibits***

Symposium 2B – Title

Moderator: James A. Slough, MD, *Excelsior Orthopaedics*

11:40 am – 12:10 pm Massive Cuff Tear: Alternatives to Reverse Shoulder Arthroplasty
John D. Kelly IV, MD, Presidential Guest Speaker, University of Pennsylvania

12:10 pm – 12:40 pm Superior Capsular Reconstruction
Brian L. Badman, MD, American Health Network

12:40 pm – 12:45 pm Discussion

12:45 pm – 1:45 pm **COS Luncheon with Exhibitors**

Special Presentation

1:45 pm – 1:55 pm ABOS Update
David F. Martin, MD Wake Forest University

Symposium 3 – Title

Moderator: Bess E. Brackett, MD, *Sutter Health*

- 1:55 pm – 2:25 pm Astro Orthopaedics
Melissa A. Kacena, PhD, NASA Consultant/Indiana University School of Medicine, Presidential Guest Speaker
- 2:25 pm – 2:55 pm Recent Advances in the Pediatric Hip
Randall T. Loder, MD, Indiana University Health
- 2:55 pm – 3:25 pm Patient Presentation
Randall T. Loder, MD, Indiana University Health
- 3:25 pm – 3:35 pm Discussion
- 3:35 pm – 3:55 pm ***BREAK—Please visit Exhibits***

Symposium 4 – Title

Moderator: George W. Brindley, MD, *Texas Tech University Health Sciences Center*

- 3:55 pm – 4:25 pm Physician Personal Finance: Knowledge to Avoid Mistakes
John Wortman, CFP and J.P. Wyand, CFP, Valeo Financial Advisors
- 4:25 pm – 4:55 pm History of the Clinical Orthopaedic Society
Bess E. Brackett, MD, Sutter Health and E. Boone Brackett, MD, iTriage
- 4:55 pm – 5:25 pm Advocacy in Orthopaedics
James A. Slough, MD, Excelsior Orthopaedics
Larry Halperin, MD, Orlando Orthopaedic Center
- 5:25 pm – 5:35 pm Discussion

5:35 am – 6:25 am Multimedia Education Session

5:35 pm – 7:00 pm President’s Welcome Reception with Exhibitors

Friday, September 15

6:00 am – 7:45 am Multimedia Education Session

7:00 am – 4:00 pm Registration

7:00 am – 7:45 am Breakfast with Exhibitors

General Session 1: Resident Papers

Moderator: Ramon F. Rodriguez, MD, *Tulane University*

7:45 am – 7:51 am	Abstract
7:51 am – 7:57 am	Abstract
7:57 am – 8:03 am	Abstract
8:03 am – 8:09 am	Abstract
8:09 am – 8:15 am	Abstract
8:15 am – 8:21 am	Abstract
8:21 am – 8:27 am	Abstract
8:27 am – 8:33 am	Abstract
8:33 am – 8:45 am	Discussion
8:45 am – 9:05 am	<i>BREAK—Please visit Exhibits</i>

Symposium 5 - Title

Moderator: John Dorris III, MD, *Athens Bone & Joint Orthopedic Clinic*

9:05 am – 9:35 am	Management of Musculoskeletal Tumors <i>L. Daniel Wurtz, MD, University Orthopaedics Associates</i>
9:35 am – 10:05 am	Orthopaedic Injuries and Complications of the Civil War <i>Fred Schaefer, CSFA-OS, OrthoIndy</i>
10:05 am – 10:35 am	Anterior Hip Arthroplasty in Obese Patients <i>Gregory P. McComis MD, North Point Orthopaedics</i>
10:35 am – 10:45 am	Discussion
10:45 am – 11:05 am	<i>BREAK—Please visit Exhibits</i>

Rapid Fire Sessions 2A-D – Topics

11:05 am – 11:09 am	Abstract
11:09 am – 11:13 am	Abstract

11:13 am – 11:17 am	Abstract
11:17 am – 11:20 am	Discussion
11:20 am – 11:24 am	Abstract
11:24 am – 11:28 am	Abstract
11:28 am – 11:32 am	Abstract
11:32 am – 11:35 am	Discussion

Symposium 6A - Title

Moderator: John E. Garber MD, *Witham Orthopaedic Associates*

11:35 am – 12:10 pm	Dr. and Mrs. J. Elmer Nix Presentation and Lecture Operation Walk <i>Wesley G. Lackey, MD, Midwest Center for Joint Replacement</i>
12:10 pm – 1:10 pm	COS Luncheon with Exhibitors

Symposium 6B - Title

Moderator: John E. Garber MD, *Witham Orthopaedic Associates*

1:10 pm – 1:40 pm	How to Stay Energized for a Career in Orthopaedic Surgery <i>John D. Kelly IV MD, Presidential Guest Speaker, University of Pennsylvania</i>
1:40 pm – 2:10 pm	Non-operative Treatment of Knee Osteoarthritis and Rehabilitation after Total Knee Surgery <i>K. Donald Shelbourne, MD, Shelbourne Knee Center</i>
2:10 pm – 2:15 pm	Discussion

Symposium 7 - Title

Moderator: J. Randall Riehl, MD, *Decatur Orthopaedic Clinic*

2:15 pm – 2:45 pm	Infection Management in Total Knee Arthroplasty and Total Hip Arthroplasty: A 2017 Update <i>Lucian C. Warth, MD, Indiana University Health</i>
2:45 pm – 3:15 pm	Arthroscopic Abductor Tendon Repair <i>Ricardo J. Rodriguez, MD, Baton Rouge Orthopaedic Clinic, LLC</i>

3:15 pm – 3:45 pm Successful Implementation of a Reduced Opioid Program for Total
Joint Replacement
Stephen F. Mitros, MD, Mitros Orthopaedics

3:45 pm – 3:55 pm Discussion

General Session 2 - Digital Posters

4:00 pm – 6:00 pm **Digital Poster Presentations / Coffee Break**

6:00 am – 7:00 am **Multimedia Education Session**

6:00 pm **Reception / Dinner**

Saturday, September 16

7:00 am – 8:15 am **Multimedia Education Session**

7:45 am – 12:00 pm **Registration**

7:45 am – 8:15 am **Continental Breakfast**

General Session 3 - Resident Papers

Moderator: Ramon F. Rodriguez, MD, *Tulane University*

8:15 am – 8:21 am Abstract

8:21 am – 8:27 am Abstract

8:27 am – 8:33 am Abstract

8:33 am – 8:39 am Abstract

8:39 am – 8:45 am Abstract

8:45 am – 8:51 am Abstract

8:51 am – 8:57 am Abstract

8:57 am – 9:03 am Abstract

9:03 am – 9:15 am Discussion

Symposium 8 - Title

Moderator: Ricardo J. Rodriguez, MD, *Baton Rouge Orthopaedic Clinic, LLC*

9:15 am – 9:45 am Risks of Anemia vs. Transfusion in Orthopaedic Trauma Patients /
Brian H. Mullis, MD, Indiana University School of Medicine

9:45 am – 10:15 am Patient Presentation
Brian H. Mullis, MD, Indiana University School of Medicine

10:15 am – 10:45 am Osteoporosis Management
Emily Frank, MD, Location

10:45 am – 10:55 am Discussion

10:55 am – 11:05 am **REFRESHMENT BREAK**

Symposium 9 - Title

Moderator: John E. Garber MD, *Witham Orthopaedic Associates*

11:05 am – 11:35 am Ankle Fractures—Syndesmosis Injuries in the Athlete
David Porter, MD, Methodist Sports Medicine

11:35 am – 12:00 pm Clinical Orthopaedic Society Annual Membership & Business Meeting
Speaker

12:00 pm – 12:15 pm Presidential Address / Passing of the Gavel / Adjournment
John E. Garber MD, Witham Orthopaedic Associates